



CURRICULUM VITAE

PERSONAL DETAILS

NAME : **PROF.(DR) SHASHI PUNAM**
FATHER'S NAME : Late Sh. Gian Chand Sharma
Mother's Name : Smt. Simro Sharma
SEX/DATE OF BIRTH : Female/ May, 17, 1979
MARITAL STATUS : Married
LANGUAGES KNOWN : Hindi, English & Punjabi
OFFICE ADDRESS : Department of Social Work, Sapt Sindhu Parisar, Dehra-II, Central University of Himachal Pradesh, Dehra, District Kangra, HP 177101
PERMANENT ADDRESS : H.No-618, Ward No-1, Krishna Nagar, Hamirpur, Himachal Pradesh 177001 Contact No - 9418636222, shashipunam@hpcu.ac.in

PDF: "Child Sex Ratio and Female Foeticide in Himachal Pradesh: A Socio- Psychological Aspect of Society"

Ph.D: "Women & Health: A Socio-Psychological Study of Female Foeticide in Himachal Pradesh."

M.Phil: "Role of Mass Media to Discourse Female Foeticide in Himachal Pradesh: A Case study"

Professional Qualification: B.Ed from the University of Kashmir secured 60% marks in 2003

CARRIER OBJECTIVES

To work with an organization where I can share my knowledge with students and enhance their conceptual skills, generate innovative ideas, so that organizational goals could be achieved.

Specializations

Women & Health, Gender Violence, Gender Studies, Social Problems and Rural Studies, Community-Based Programme, Community Practices, Community Work

EDUCATIONAL QUALIFICATIONS

- PDF from JNU, New Delhi, ICSSR, New Delhi.
- PhD in Sociology in 2012, NIT Hamirpur.
- MPhil (Sociology) from HPU Shimla secured of 66.67% marks in 2004 (**Gold Medal**).
- MA (Sociology) from H.P. University Shimla secured 63% marks in 2002 (Topper).
- MA (Political Science) from H.P. University Shimla secured 63% marks in 2014.
- BA from H.P. University Shimla secured 64.4% marks in 2000.
- +2 in Arts from H.P.S.E.B. Dharamshala secured 62.25 marks in 1996.
- Matriculation from H.P. S. E. Board Dharamshala secured 52.55% marks in 1995.
- Matriculation Punjabi (additional subject) from Punjab School Education Board secured 71.3% marks in 2007.

ADDITIONAL QUALIFICATIONS

- One-year Diploma in Basic Computer (DCA)
- Diploma in Type Writing in English
- N.T.T.C (Nursery Teacher Training Course)
- Coursera Certificate Courses (online)
- Sidharath Govt College, Nadaun working as a counselor of IGNOU Centres 1179 since 2012

TEACHING/ADMINISTRATIVE EXPERIENCE

Designation	Name of Institution	Duration
TGT Arts	GSSS, Dhaneta, Hamirpur (HP)	10/10/02 to 18/12/2003
Assistant Professor	Gautam Girls College, Hamirpur (HP)	July 2005 to June 2007
Assistant Professor	Sidharth Govt College, Nadaun (HP)	25/07/2012 to 22/04/2013
Assistant Professor Associate Professor	Career Point University, Tikker, Hamirpur	1 st Aug., 2013 -10 th March 2022
Associate Professor	Central University of Himachal Pradesh	11 th March 2022 to 10 th March 2025
Professor	Central University of Himachal Pradesh	10 th March 2025 to till date

Research Guidance

Ph.D/PDF Scholars under Supervision	Under Supervision	Submitted	Awarded PhD
Dr Ashutosh	Under Supervision		
Ms Anjana Gautam	Under Supervision	Submitted	----
Ms Manjula	Completed	Completed	Awarded
MS Babita	Under Supervision	-----	-----
Mr Teiborlang Dkhar	Under Supervision	Submitted	-----
Ms Yukta	Under Supervision	-----	-----
Mr Ankit	Under Supervision	-----	-----
Dr Sandeep Sharma M.Phil	Completed	Completed	Awarded

❖ Guided Students of MSW-10

S.No.	Name of Student	Roll Number	Title of Dissertation
Batch 2021-2023			
1	Nitika Thakur	CUHP21MSW07	Apshishath Prabandan par logon key beech jagrukta : Himachal Pradesh key Zila kangra key Gaam Snot ka Adyayan
2	Yogesh Kumar	CUHP21MSW12	Effects of Drug uses among street Children: A Psychological study in Dehra Block, Kangra District Himachal Pradesh
Batch 2022-2024			
1	Adammya Prasher	CUHP22MSW01	Unveiling the lives of Sanitation Workers in Dharamshala, Himachal Pradesh: Assessing Socio-Economic Realities.
2	Gayathri N. A.	CUHP22MSW07	Disaster Preparedness Among Youth in Kangra , Himachal Pradesh
3	Shanif N. C.	CUHP22MSW015	Exploring the challenges Confronting Daily Wage Laboures in Dehra , Kangra District , Himachal Pradesh
4	Sulhat P.	CUHP22MSW01	A Study of Tibetan Women Refugees in

			Dharamshala with Emphasis on Health, Education and Employment
Batch 2023-2025			
1	Arsha Fatima K. P.	CUHP23MSW02	Adverse Childhood Experiences and Its relation to Delinquency: a study of adolescent in Juvenile Home of Tavanur, Malappuram, Kerala
2	Sarfaz K S	CUHP23MSW16	Stress & Pressure of Youth in Academic Life: A Study of Central University of Himachal Pradesh
3	Yahkoob K.	CUHP22MSW22	Problems & Challenges faced by Left Behind parents in Dehra Gopipur
4	Atrika Saha	CUHP22MSW25	Assessing Digital Literacy among Elderly: A study on Sanot Panchayat of Dehra Block District Kangra, Himachal Pradesh

Published Papers in National/International Journals

1. P.C. Ryhal and Shashi Punam. (2009) "The Declining Child Sex Ratio in Himachal Pradesh: A Case Study" Published in Sambodh: A Journal of Discursive Social Sciences, Vol. 22, No 1, 54-69.
2. P.C. Ryhal and Shashi Punam. (2009) "A Study of Human Development Indicators and Decline Child Sex Ratio in Himachal Pradesh" Published in the Journal of Family Welfare, Review journal, Vol. 55, No 1, 70-78, ISSN: 0022-1074.
3. P.C. Ryhal and Shashi Punam. (2010) "Girls are Vanishing from the Hills in Himachal Pradesh" Published in the Journal of ANUSILANA, A Refereed Journal, Research Journal of Indian Cultural, Social & Philosophical Stream, Vol. 22, No 1, 141-144, ISSN: 0973-8762.
4. P.C. Ryhal and Shashi Punam. (2010) "A Study of awareness about PNDT Act among the People of District Una in Himachal Pradesh" Published in ANUSILANA Research Journal of Indian Cultural, Social & Philosophical Stream, Vol. 27, No 1, 117-128, ISSN: 0973-8762.
5. P.C. Ryhal and Shashi Punam. (2010) "Impact of human development indicators on female foeticide in Punjab: A case study" Published in Journal of Human Development, 2: (2), 105-127, July-December ISSN: 0975-8119.
6. P.C. Ryhal and Shashi Punam. (2011) "Prenatal Sex Determination Tests, Female Foeticide and Declining Child Sex Ratio: a case study of Una District in Himachal Pradesh" in Shodh Dershan: A Multidisciplinary Research Journal: Vol.2 (1), 21-29, July ISSN: 2231-1688.
7. Piar Chand and Shashi Punam (2012) "Girl Child and Female Foeticide in Himachal Pradesh: A Case Study", *International journal of Statistics and Analysis (IJSa)*, Vol 12 No-3, pp 329-41 ISSN: 2248-9959.
8. Shashi Punam (2014) "Role played by Media to Reduce Practices of Sex Selection Abortion in Himachal Pradesh: A case study", *International journal for Research and Development (IJRD)*, A peer Review Journal, Vol- 2 No-4, pp 96-101 ISSN: 2321-3434.
9. Shashi Punam (2015) "Female Foeticide and Negative Attitude for Girl Child in District Kangra of Himachal Pradesh, *Trisha Journal of education, Peer reviewed Journal* Vol. 1, Issue, 01, pp. 17-27, ISSN: 2454-793X.

10. Shashi Punam (2015) "Female foeticide and Health status of girl child in Himachal Pradesh- A case study", *International Journal of Information Research and Review (IJIRR)* Vol. 2, Issue, 03, pp. 480-486, ISSN: 2349-9141.
11. Shashi Punam (2015) "PNDT Act and Misuse of Modern Medical Technology in Himachal Pradesh" *International Journal of advancement in Engineering Technology, Management and Applied Science" IJAETMAS*, Vol-2, Issue-3, and ISSN: 2349-3224.
12. Shashi Punam (2015) "Social Structure of India and Role of Casteism in Indian Democracy" *Recent Researches in Social Sciences and Humanities (National referred Journal)* ISSN-2348-3318.
13. Shashi Punam (2015) "Demographic indicators and Female Foeticide in Himachal Pradesh" Published in the *International Journal of Management and Social Sciences*, Peer reviewed Journal, Impact Factor- 3.23, Vol. 3, Issue 4, April 2016, ISSN: (2321-1784).
14. Shashi Punam (2016) "Status of Girl child and Female Foeticide in Devbhumi Himachal Pradesh" *International Research Journal of Human Resources and Social Sciences*, Peer Reviewed and refereed International Journal, Impact Factor- 2.561, Vol. 3, Issue 2, Feb 2016, ISSN(O): (2349-4085) ISSN(P): (2394-4218).
15. Shashi Punam (2016) "Excellent Organizational Records Behaviour makes Effective Educational System, *International Journal Raj Rajeshwari Journal of Psychological & Educational Research*, Peer Reviewed and refereed International Journal, Vol. 1(1), Issue 2, April 2016, ISSN 2455-7900, Pp 90-94.
16. Shashi Punam (2016) "Emerging Female Foeticide: Does the Son Preference Continue to Persist in India, *Central India Journal of Historical and Archaeological Research* A Peer Reviewed and An International Journal, Vol. 5, Issue 17, Jan -March 2016, ISSN No 2454-793X, Pp 17-22.
17. Shashi Punam (2016), "Female Foeticide and Negative Attitude for Girl Child in District Kangra of Himachal Pradesh" in *Trisha Journal of educational Research* Vol. 1, Issue 1, July, 2015, ISSN 2277-4157, Pp 110-116.
18. Shashi Punam (2016), "Discrimination Prevalence Against the Girl Child in the Society." *Central India Journal of Historical and Archaeological Research*, a Peer Reviewed and An International Journal, Vol. 5, Issue 20, Oct- Dec, ISSN 2277-4157, Pp 152-157.
19. Shashi Punam & Sandeep Sharma (2017), "Status of Public Health Services in Himachal Pradesh: A Case Study" *International Research Journal of Human Resources and Social Sciences*, Vol. 4, Issue 2, February 2017 Impact Factor- 5.414 ISSN (O): (2349-4085) ISSN (P): (2394-4218).
20. Shashi Punam (2017), "Age- Old, Traditional Hymn Singing is Breathing its last". *Central India Journal of Historical and Archaeological Research*, A Peer Reviewed and An International Journal, Volume-6(22), April-June 2017, ISSN 2277-4157 P.p.-143-147.
21. Shashi Punam & Sandeep Sharma (2017), "Good Governance and Right to Information Act in India: Justice and Equality", *International Multilingual Research Journal*, Special issue, December 2017 ISSN 2394-5303 Pp.83-87, Impact Factor-4.002 UGC Approved Refereed Journal.

22. Shashi Punam (2017) "Innovative Methods of Teaching: Potential to Improve Teacher Learning", *Himalyan Journal of Educational & Psychological Research*, Vol-IX, No-V ISSN 2319-6874 pp.53-59 (UGC Journal No. 63313).
23. Shashi Punam (2017) "Right to Information Act: an indispensable tool for Good Governance in India" *Journal of Political Science*, Vol XIII, No-2, November 2017 RNI no-PUNENG/2005/18316.
24. Shashi Punam & Madhu Wala (2017), "The Role of Youth for Greenery Environment: A case study of Mehal Panchyat" *Himalayan Journal of Educational & Psychological Research* Vol-IX, No-VII, ISSN 2319-6874 pp.107-113 (UGC Journal No. 63313).
25. Shashi Punam (2017) "Femininity inequality and Status of Women in Himachal Pradesh: a Case study with emerging Trends" *ALIG Journal of Social Science and Humanities Research* (AJSSHR) 2017, Vol VIII Jan – May ISSN 2320-9917.
26. Shashi Punam & Sandeep Sharma (2018) "Human Trafficking: Causes and Implication", Him-Anchal, *Journal of Contemporary Research Education, Commerce, Science Law & Humanities*, Vol-VIII, No-V ISSN 2321-3205 pp.103-114 (UGC Approved Journal).
27. Shashi Punam & Rohit Sharma (2018), "Role of Youth: An Agent's for Indian Development" CPUH, *Research Journal*, Vol 3(II) ISSN-2455-6076, pp-234-238.
28. Shashi Punam (2019) "Femininity Dissimilarity and Child Sex Ratio in Himachal Pradesh" UGC sponsored *International Multilingual Research Journal, Refereed Journal*, ISSN 2319-9319, impact factor-6.021, Special Issue, pp-199-207.
29. Shashi Punam (2020) "Best Path for Moral and Religion by Gandhian Views" Peer Reviewed International Refereed Journal, ISSN 2319-9318, impact factor-6.021, Special Issue, pp-53-63.
30. Shashi Punam (2021) Social and Economic Status of Mountainous Communities of Himachal Pradesh" *Sambodhi*, ISSN: 2249-6661 (UGC Care Journal), Vol-44 No.-01 (VIII) January-March (2021) PP 48-54.
31. Shashi Punam & Lekhraj Varma (2021) "Impact of COVID-19 on Rural Areas of Hamirpur District of Himachal Pradesh," *International Journal of Law Management & Humanities*, Vol-4, Issue-3, [ISSN 2581-5369], Pp 3223-3238.
32. Shashi Punam & Lekhraj Varma (2021) "A Socio- economic and Psychological impact of covid -19 in backward Mehal Panchyat of HP," *Galaxy International Interdisciplinary Research Journal*, Vol-9, Issue-6, [ISSN 2347-6915], Pp 1-9.
33. Shashi Punam (2021), iafMr nhun;ky mik;/k; dk i=dkfjrk ,oa lkfgfR;d ;ksxnku Nirupreh- An international peer-reviewed and Refereed quarterly research journal Humanities and social science, o"kZ 8 vad % 14&15 ISSN : 2394&2223, PP 13-25.
34. Shashi Punam (2021), iafMr nhun;ky mik;/k; dk ,dkRe ekuookn Nirupreh- An International peer-reviewed and Refereed Quarterly Research Journal Humanities and Social Science, o"kZ 8 vad % 14&15 ISSN : 2394&2223, PP 28-38.
35. Shashi Punam (2021), iafMr nhun;ky mik;/k; dh lkekftd&n`f`V Nirupreh- An international peer-reviewed and Refereed quarterly research journal Humanities and social science, June –August 2021,o"kZ 8 vad % 16&17 Pp 12-23, ISSN : 2394&2223

36. Shashi Punam (2021), Hkkjrh; laLoefr vkSj ,dkRe ekuo n'kZu ds Ás.krk iafMr nhun;ky mik/;k; Nirupreh- An international peer-reviewed and Refereed quarterly research journal Humanities and social science, June –August 2021,o"nZ 8 vad % 16&17 Pp 26-37, ISSN : 2394&2223.
37. Shashi Punam (2021), “Women Health and Development of Mountainous Communities of Himachal Pradesh: a Case study of Chamba District” IER Journal of Health and Demography, ISSN: 2454-9207. Vol-7, No-1, July 2021, Pp 33-51.
38. Shashi Punam & Ms Manjula (2021), “ Himachal key Swatantrata Senani: Angrejo ko Mili thee Pahaad Sey Chunotti”,International Journal of Researches in Social Sciences and Information Studies, Peer Review International Refereed Research Journal , Special issue, Nov,2021 , ISSN No- 2347-8209, Pp-129-136.
39. Shashi Punam (2021), “ Attal Bihari Bajpai ji ki Kavitaon Ka Sambhedna Sansaar”,Shikhar Samyik International Peer Reviewed and Refereed Half Yearly Research Journal Humanities and Social Sciences, ISSN -2249-9199, Pp-45-47.
40. Vineet Kumar & Shashi Punam (2022),’ Socio-Cultural Impacts of Ecotourism Developments on the Stakeholders in the Great Himalayan National Park: An UNESCO World Heritage Site, International Journal of Law Management and Humanities, Volume 5, Issue 1, Page 296 - 310 <https://doi.org/10.10000/IJLMH.112480>
41. Sanjeev Kumar, Shashi Punam, Nancy Kanwar, Manu Sharma (2022) “Evolution of Drugs VIS-À-VIS Socio Legal Aspect: A Historical Perspective. International Journal of Health Sciences,6,(S7), Scopus Indexed,WOS,UGC Care, ISSN -2550-6978, E-ISSN 2550-696X, Page 2354-69, <https://doi.org/10.53730/ijhs.v6nS7.11861>
42. Babita & Dr Shashi Punam (2022), “Perception and Practices of Menstruation Restrictions among Girls: A Socio-religious study in Himachal Pradesh” Pramana Quarterly Research Journal, An International Peer Reviewed and Referred Research Journal, ISSN: 2249-2976, Year-11, Issue-41 (Oct.-Dec. 2022), Pp-37-48.
43. Babita & Dr Shashi Punam (2022), “Beliefs and Practices Related to Menstruation Among Rural Women in Shimla: A Narrative” Chintann, Research Journal, An International Peer Reviewed and Referred Research Journal, ISSN : 2229-7227, Year-12, Issue-45 (Oct.-Dec. 2022), Pp-55-62.
44. Dr Shashi Punam & Ms Manjula (2022) “Effectiveness of Maternity Health Care Services and Integrated Child Development Services in Rural Areas of Himachal Pradesh” IJFANS International Journal of Food and Nutritional Sciences, ISSN PRINT 2319 1775 Online 2320 7876, UGC CARE Listed (Group -I) Journal Volume 11, Issue 12, Dec 2022.
45. Teiborlang Dkhar & Dr. Shashi Punam (2023), “Ka Jingtang Jait (The Sanctification) of Kharsahnam Clan of Lumpung Sniang Village: A Case Study”, Pramana Quarterly Research Journal, An International Peer Reviewed and Referred Research Journal, ISSN: 2249-2976, Year-11, Issue-42 (Jan-March. 2023), Pp-42-49.
46. Dr. Shashi Punam & Yogesh Kumar (2023), “An Infertile Girl of Delhi Diagnosed with Vaginal Agenesis: A Psychosocial Case Study” , Bohal Shodh Manjusha- An International Refereed/Peer Reviewed and Indexed Multidisciplinary & Multiple Languages Research Journal, ISSN 2395-7115, April 2023, Vol. 17, ISSUE-4(1),Impact Factor-7.523, Pp-67-72.

47. Dr. Shashi Punam & Sanjeev Kumar (2023), "Sociological Aspect Of Neuroscienc" A Journal for New Zealand Herpetology, BioGecko-A Journal for New Zealand Herpetology WOS/UGC Care, April 2023 Vol 12 Issue 02 2023, ISSN:2230-5807,Pp-2945-2952.
48. Dr. Shashi Punam & Sanjeev Kumar (2023), Hymenoplasty Surgery Socio-Legal Aspect: A Review
Towards Excellence: An Indexed, Refereed & Peer Reviewed Journal of Higher Education Page 101-112 March, 2023. VOL.15. ISSUE NO.1 ,<https://hrdc.gujaratuniversity.ac.in/Ejournal>.
49. Dr. Manu Sharma, Dr. R K Singh, Sanjeev Kumar& Dr. Shashi Punam (2023) , "Neuroscience and Legal Aspects of Criminal Responsibility" BioGecko-A Journal for New Zealand Herpetology WOS/UGC Care, April 2023 Vol 12 Issue 02 2023, ISSN:2230-5807,Pp-2939-2944. http://www.biogecko.co.nz/admin/uploads/ARDA_JOURNAL_15804.pdf
50. Nivesh Sharma, Digvijoy Phukan & Dr. Shashi Punam (2022) "Perspective of Youth towards Entrepreneurship in Himachal Pradesh, Published/ publi  in Res Militaris (resmilitaris.net), Vol. 12 No. 5 (2022): Volume 12 Number 5, 2022, Scopus Journal Pp1721-1729.
51. Dr Shashi Punam, Yogesh Kumar, Deeksha (2023) 'Guru Govind Singh: As a Dharm Patron and the Man of the Era, "International Journal of Researches in Social Science & Information Studies, Peer Reviewed International Refereed Research Journal, ISSN No-2347-8209. Pp56-64.
52. Dr Shashi Punam, Ms Anjana Gautam (2023), "Women Empowerment through Social Media especially YouTube: with special reference to Folk Singers" Bohal Shodh Manjusha- An International Refereed/Peer Reviewed and Indexed Multidisciplinary & Multiple Languages Research Journal, ISSN 2395-7115, August 2023, Vol. 18, ISSUE-2(3) Pp-222-233.
53. Dr Shashi Punam, Ms Anjana Gautam (2023), "Role Of Media and Problems: Functioning of Panchayati Raj Institutions" IOSR Journal of Humanities and Social Science, Blind Peer Review Process, Indexed Refereed Journal, Vol.28,Issue-10, ISSN- 2279-0837 Pp-59-63, Article DOI : 10.9790/0837-2810075963.
54. Mr Ankit Kumar & Dr Shashi Punam (2023), "Tribal society Development Plan: Issue and Difficulties" Sodha Pravdha, UGC listed volume 13, Issue IV (October, 2023) Pp-25-32 ISSN: 2231-4113.
55. Dr Shashi Punam &Ms Manjula (2023), "Women Empowerment and Status of Integrated Child Development Services in Himachal Pradesh, IOSR Journal Of Humanities And Social Science (IOSR-JHSS) Volume 28, Issue 11, Series 1 (November, 2023) 77-81 e-ISSN: 2279-0837, p-ISSN: 2279-0845. www.iosrjournals.org.
56. Yukta Tomar & Dr Shashi Punam (2023), "Perspective of Young Women towards Entrepreneurship in Himachal Pradesh" International Journal of Research and Analytical Review (IJRAR), volume 10, Issue 4 (December, 2023) 713-722 e-ISSN:2348-1269 p-ISSN:2349-5183.
57. Mr Ankit Kumar & Dr Shashi Punam (2024), "A Historical Analysis of Peace building and Democracy in Jammu and Kashmir" The Eternity, volume XV, No. 1 (January- March, 2024) Pp-32-43 ISSN: 0975-8690.
58. Dr. Shashi Punam. (2024). Empirical Study on Effectiveness of The Implementation Of The Maternity Leave On Private Higher Educational Institutions. *Educational Administration: Theory and Practice*, Scopus:from 2019 to 2024 30(5), 12249–12254.

<https://doi.org/10.53555/kuey.v30i5.5081>. Publisher: Auricle Global Society of Education and Research.

59. Dr. Shashi Punam, Dr. Manu Sharma, & Dr Sanjeev Kumar. (2024). Socio-Legal Aspect of Social Media In India: Navigating Encryption And Legal Frameworks For Social Media Regulation. *Educational Administration: Theory and Practice*, Scopus:from 2019 to 2024 30(5), 12129–12135. <https://doi.org/10.53555/kuey.v30i5.5068> Publisher:Auricle Global Society of Education and Research.
60. Yukta Tomar & Dr. Shashi Punam (2024), “Positive Youth Development and Spiritual Well-being in Bharatiya Philosophy: A Social Work Perspective” International Journal of Advance Studies and Growth Evaluation, Peer Reviewed Journal E-ISSN: 2583-6528, Impact Factor (SJIF): 5.231, Volume: 3 Issue: 6 Pages: 01-05 <https://alladvancejournal.com/>.
61. Ms Babita & Dr. Shashi Punam (2024), “Empowering Women: Menstrual Hygiene and Sustainable Development Goals in Chandigarh” International Journal of Advance Studies and Growth Evaluation, Impact Factor (SJIF): 5.231 ,Peer Reviewed Journal, E-ISSN: 2583-6528, Available online: www.alladvancejournal.com
62. Teiborlang Dkhar & Dr. Shashi Punam (2024), “The Resistance of war against the onslaught of Christian Missionaries? Quarterly Research Journal, An International Peer Reviewed and Referred Research Journal, ISSN: 2250-2769, Year-17, Issue-2 (Oct-2024), Pp-103-116.
63. Ms Babita, Adammaya Parasher & Dr. Shashi Punam (2024), “Menstrual Waste Management Waste Management Practices: A Case Study of a Small Town Dehra in Kangra, Himachal Pradesh, IJCRT2412494 International Journal of Creative Research Thoughts (IJCRT), An international Open Asses Peer Reviewed, Referred Journal, www.ijert.org, Volume 12, Issue 12 December 2024 Pp-548-556, ISSN: 2320-2882.
64. Dr. Shashi Punam & Ankit Kumar (2025), “Inequality of Income and Poverty in India: The Gap between Rural and Urban areas During the Post-Economic reform era” Quarterly Research Journal, Pramana International Peer Reviewed and Referred Research Journal, ISSN: 2249-2976), Year-13, Issue-50 (Jan.-Mar. 2025) (Page No. 25-30).
65. Dr. Shashi Punam & Ankit Kumar (2025), “Folk Culture of Himachal Pradesh: A special References of Hamirpur District, Himachal Pradesh” Quarterly Research Journal, Sodh Samalichan International Peer Reviewed and Referred Research Journal, ISSN: 2348-5639), Year-12, Issue-1 (Feb. 2025) (Page No. 98-104).

Paper Published in Edited Books

1. P.C. Ryhal and Shashi Punam. (2011) “Son preference and Gender bias in district Kangra in Himachal Pradesh-A Case Study”, APH Publishing House, 978-81-3131318-3 pp-191-199.
2. Shashi Punam and P.C. Ryhal. (2012) “Studying Socio-economic Factors Affecting Female Foeticide in Himachal Pradesh” in Women Entrepreneurship and Development- The way Ahead by Globus press, Parkash Parkashan, 978-81-907297-4-1 Pp-146-157.
3. Shashi Punam and P.C. Ryhal. (2013) “Women and Female Foeticide: Study of Declining Sex Ratio in Selected Districts of Himachal Pradesh” in Social Exclusion Continuum- A Paradigm Shift by Niruta Publication, Banglour Karnataka, pp-223-248.

4. Shashi Punam (2015) "Gender Bias, Daughter Elimination and Sex Ratio Patterns in Himachal Pradesh" in Gender equality: A Way to Women Empowerment by New Generation Press, Delhi ISBN 978-93-80310-85-5 Pp-136-149.
5. Shashi Punam and Prof Piar Chand Ryhal (2015) "Poverty Alleviation: Women Empowerment through Self Help Groups in Himachal Pradesh" in Rural Development through MNREGA New Challenges and Solutions by ANAMIKA PUBLISHERS & DISTRIBUTORS (P) LTD. New Delhi-110 002,978-81-7975-771-0, pp-140-150.
6. Shashi Punam & Naina Sharma (2017), "The Role and Position of Women Ancient Society to Modern Society in India" in Developing and change in Agrarian Society, twenty first century publications, Patiala, ISBN 978-93-85449-29-1, Pp 127-141.
7. Shashi Punam (2019), "Swachh Bharat Abhiyan: A Step towards Environment Protection in Himachal Pradesh", ISBN: 978-93-85618-97-0, in Understanding Environment & Biodiversity, Shree Ram Law House, Chandigarh, 978-93-85618-97-0, Pp 216-219.
8. Shashi Punam (2021), Gender Inequality in Himachal Pradesh: A Case Study. Bharati Publications, Ansari Road, Darya Ganj, New Delhi, ISBN 978-93-90818-24-2, PP 125-143.
9. Shashi Punam (2022), "Human Rights and COVID19: A Socio-psychological Aspect, SLM Publishers, Municipal Markit, Khadar Bhandar Building Chowk Patiala, ISBN: 978-93-91083-35-9 Pp198-208.
10. Shashi Punam & Sanjeev Kumar (2022), A Review of E-Commerce Vis-A-Vis Recent Trend, Research Chakra, Published and printed by:Shree Siddhivinayak Global Publication, Office Address: E-5, Office No.8, Highland Park, Mumbai 400082, Maharashtra ISBN:978-93-91773-00-7, Pp 1-10.
11. Sanjeev Kumar & Shashi Punam (2022), An analysis of Changing Pattern of Demand for E-Banking Services , Research Chakra, Published and printed by: Shree Siddhivinayak Global Publication, Office Address: E-5, Office No.8, Highland Park, Mumbai 400082, ISBN:978-93-91773-00-7, Pp 33-40.
12. Shashi Punam (2022), Manvta key Preneta Maharashi Arvind, Published in Dr Nishank ki Rachnasheelta key Bibidh Aayamn and printed by Anang Prakashan, Syashiblue Books, Delhi, ISBN: 978-93-80845-51-7, Pp 372-377.

Full Paper in Proceeding

1. P.C. Ryhal and Shashi Punam (2011), "Social –Psychological factor effecting Female Foeticide in Himachal Pradesh" published & present at Chennai (RGNITYD).
2. Ms Tripta Kumari & Dr Shashi Punam (2016), "Folk Culture of Himachal Pradesh: Some traditional dance, music performance of Bilaspur" National Conference on Culture, Environment and Folk Deities with special reference to Bilaspur (NCCEFD) sponsored by ICSSR PU Chandigarh organized by Govt. College Bhoranj on Feb. 13-14, 2016.
3. Shashi Punam (2016), "Past and Present Scenario of Beda Releasing – the tradition that clears all the obstructions of Soul" National Conference on Culture, Environment and Folk Deities with special reference to Bilaspur (NCCEFD) sponsored by ICSSR PU Chandigarh organized by Govt. College Bhoranj on Feb. 13-14, 2016.
4. Shashi Punam and Sanjay Kumar, (2018), "Rights of Dalits and Women: A Socio-economic Status of Maanganiyar Community of Jaisalmer District of Rajasthan" National Conference

on Work Culture, Society and Environmental Issues (NCWCSEI) Sponsored by ICSSR, Organized by NSCBM Govt. College, Hamirpur, HP March 24-25, 2018, pp28-38.

Published Books -08

1. Dr Shashi Punam -Feministic Trauma in Indian Society, Tarunoday Prakashan ISBN 978-81-938973-4-8.
2. Dr Shashi Punam & Sanjeev Kumar- Cyber Delinquencies an Indian Perspective, Tarunoday Prakashan ISBN 978-81-938973-5-5.
3. Dr Shashi Punam & Dr Gulshan Kumar (2022)- Understanding University Social-Responsibility: Perspective of Community Development, Tarunoday Prakashan ISBN 978-81-938973-7-9.
4. Dr Shashi Bhushan & Dr Shashi Punam (2022)-Transformation of Women in Western Himalayas: Issue and Challenges, Tarunoday Prakashan ISBN 978-81-952114-1-8.
5. Dr Shashi Punam & Sanjeev Kumar: The Entrepreneurial World, Vol.1, ISBN 979-88431006-3-6.
6. Dr Shashi Punam & Sanjeev Kumar (2022), Information & Communication Technology and Local Self Governance- A New Age Solution for Digital India, The Law Brigade Publishers, ISBN: 978-81-956533-2-4.
7. Dr Shashi Punam & Sanjeev Kumar (2023) Exploring emerging Trends in the Role of Women in National Educational Policy 2020, Research Culture Society & Publication, An International ISBN books Publisher, 9789392504310.
8. Dr Shashi Punam & Prof Sanjeet Singh (2024) Unsung Heroes of Himachal Pradesh: Freedom Struggle & Patriotism during Independence Tarunoday Prakashan ISBN 978-81-938983-2-1.

PROJECT SUBMITTED/ COMPLETED-09, Ongoing-02

1. Declining child Sex Ratio in Una district of Himachal Pradesh Himcon, Shimla. (July, 2015).
2. Manufacturing Food grade plate (Pattal) from tree leaves: On Eco-friendly Low –cost, Technology, Refinement, Demonstration and Adoption by village in Selected Backward Panchyat of District Hamirpur (HP) 2018-2019 Unnat Bharat Abhiyan, IIT Delhi.
3. Socio-economic Survey of adopted villages under UBA.
4. Distribution of Agriculture Seeds, Implements, Fruits Plants, Aromatic Plants under Unnat Bharat Abhiyan, IIT Delhi MHRD.
5. Manufacturing Bariayan, Seviyan, Pickle, Murabba, Cotton Razai making Machine: on Low-Cost, Technology, Refinement, Demonstration and Adoption in adopted villages of District Hamirpur (HP), IIT Delhi MHRD.
6. Commercialization of Traditional Herbal Tea: Effective against Corona Viruses under UBA-2.0, IIT Delhi MHRD.
7. Formulation of Herbal Products (Candy, Beautification Products, Immunity Boosters Bio-Fertilizers and Washables), under CM’s Startup Scheme Project, Startup ID: HPSTARTUP/2020/08/20.
8. Commercialization of Fermented Traditional “Seera in Baloh Village of Himachal Pradesh in

collaboration with Career Point University, Hamirpur, IIT Delhi MHRD.

9. Socio-economic impact of Beti Bachao Beti Padhao Scheme: an Empirical study in Selected Area of Himachal Pradesh from the Indian Council of Social Science & Research (ICSSR) Feb, 2024.
10. Ascertain the impact of Agricultural in drawdown area of Pong on the Migratory Birds Pong Dam lake Distt. Kangra HP Letter no: FWD-HM-H005 (03)/3/2024-DFE-WL DIV.HMR-FOREST WL CIRCLE DHARAMSHALA (ONGOING).
11. Present status and Future scenario of Artificial Intelligence in Himachal Pradesh (ONGOING)

Project completed (IMPACT ASSESMENT) (AS A PRINCIPAL INVESTIGATOR)-05

Impact Assessment of Five Corporate Social Responsibility Projects in Himachal Pradesh completed under the CSR Initiative of POWERGRID Corporation of India Limited (March 2023 to till date)

Name of the Project	Amount (Rs)	Year
Supply and installations of 3250 solar LED street lights in HP	1,80,000	2023
Providing one truck mounted sweeping machine with vacuum cleaner, one truck mounted sewer jetting machine, one litter picking machine, one truck mounted compactor for Municipal Corporation, Shimla.	1,40,000	2023
Providing 4 nos. Medical Mobile units to Bilaspur Distt. Authorities, HP	1,40,000	2023
Procurement of one truck mounted sweeping machine with vacuum cleaner, one truck mounted sewer jetting machine, one litter picking machine, one truck mounted compactor for Municipal Council and I&PH, Manali, Himachal Pradesh under CSR initiative	1,30,000	2023
Providing MRI machine with accessories at Vivekanand Medical Institute (VMI), through CMO, Kangra, Himachal Pradesh.(June-August,2024)	1,40,000	2024
Providing Medical Equipment to AIIMS, Bilaspur (CT Scan (128 slice) & MRI (1.5 Tesla)	1,10,000	2025

PATENT (Jointly)

1. Title of the invention: Method for Preparing Formulation of Immunity Booster Amvla Candy Application No.202211016219 TEMP/E-1/18603/2022-Del, A, Publication Date: 01/04/2022.
2. Title of the invention: "IOT Enabled Tools for the online education Systems in the Developing Trends of Smart Education" The Patent office 22/2022 dated 03/06/2022 Application No.202211020708A, Publication Date: 03/06/2022, Page-33366.
3. Title of the invention: "Development of Educational Systems using a Block Chain-Based Model" The Patent office 23/2022 dated 10/06/2022 Application No.202211030106, Publication Date: 10/06/2022, Page-35032.
4. Title of the invention: "A System for Novel Integration Strategic Financial Risk Management" The Patent office 23/2022 dated 10/06/2022 Application No.202211038549A, Publication Date (U/S 11A): 22/07/2022, Page-45703
5. Methods for Preparing Immunity Booster (Anti Corona Viruses) Date of Issue 8 August,2022

6. IOT Panel for Door Security System, Date of issue : 28/02/2023, Application No-369998-001
7. A Polyherbal Formulation as an Immunity Booster, Application No.202311011797 A, Publication Date: 17/03/2023, The Patent Office Journal No. 11/2023, Pp 26091.

EXPERIENCE AS AN EVALUATOR OF M. PHIL/PHD/PDF DISSERTATION / RESEARCH PROJECT PROPOSALS

- Evaluate a M. Phil (02) dissertations on topic Study of Constitutional Policies and Programmes for child welfare in Kangra District Himachal Pradesh on 09.04.2022 from IEC University Baddi HP.
- Evaluated a PDF from ICSSR ,2024
- Certificate of excellence in Peer –Reviewing awarded by BP international , Certificate no: PRBPRR/3833SHA
- Certificate of excellence in Peer –Reviewing awarded by BP international , Certificate no: PRBPRR/3833SHA

AWARDS & ACHIEVEMENTS

- MHRD scholarship holder at NIT Hamirpur.
- Gold Medalist in Master of Philosophy in Sociology.
- Winner the prize in the essay competition organized by Youth Development Centre at Govt Sen. Sec. School Kashmir.
- Merit certificate in the Declamation competition organized by Youth Development Centre, H. P. University Shimla.
- Topper in MA (Sociology), Department of Sociology, H.P. University, Shimla.
- Act as a judge in Mehndi competition in General Zorawar Singh College in Dhaneta.
- Act as judge in Quiz, Dance, Mehndi, Rangoli, Debate and Declamation competition and other cultural activities at Gautam Girls College, Hamirpur from 2005-2007.
- Act as judge for science exhibition at Jawahar Navodaya Vidyalaya, Dunderin Hamirpur.
- Act as judge in Quiz, Dance, Rangoli, Poster Presentation, Debate and Declamation competition and other cultural activities at CPU, Hamirpur from 2013-2022.
- Act as a convener for essay writing competition in 9IYSC 7-9 April 2018.
- Approved Counsellor of IGNOU for BA,MA Sociology, Anthropology

Administrative Experience

- **Head**, Department of Social Work, School of Social Science, Central University of Himachal Pradesh, since 25th March, 2022 to 25.03.2025.
- **Head-** Department of Sociology and Social Anthropology, CUHP from 16 June, 2023 to September, 2023.
- **Nodal Officer-** Unnat Bharat Abhiyan-2.0, Central University of Himachal Pradesh
- **Nodal Officer-** Red Ribbon Club, Central University of Himachal Pradesh.
- Nodal Officer for Nasha Mukh Bharat Abhiyan (30 Activities in Four days) under the Ministry of Social Justice & Empowerment, from 1st August to 4th August, 2022.

- **Nodal Officer** for PM-Vidyalaxmi Scheme under Ministry of Higher Education by CUHP from April 2025.
- **Hostel Warden**- Devi Pitambra Girls Hostel, Dehra, CUHP.
- **Head of Department (2015-2017)**- School of Legal Studies and Governance, CPUH.
- **Head**- Division of Humanities and Social Sciences, CPUH from 2019-10 March 2022.
- **Nodal Officer**- AISHE, NIRF Ranking, Unnat Bharat Abhiyan-2.0, CPUH, (2015-2021).
- **Transport Officer**- Transport in charge, Career Point University, Hamirpur (2015-2019).
- **Coordinator**- Red Ribbon Club & Community Development Cell, CPUH, (2015-2021).
- **Chairperson**- Women Empowerment Cell, Career Point University, Hamirpur.
- **Nodal Officer**-Community Development Programme, Career Point University, Hamirpur.

PROFESSIONAL CONTRIBUTION

- Member Academic Council Central University of Himachal Pradesh.
- Member Board of Studies, School of Visual Art, Central University of Himachal Pradesh
- Convenor, Chairman and Member of various committees in Central University of Himachal Pradesh constituted time to time for the smooth functioning of University.
- Nominated for Selection committee for Assistant Professor interview in the Department of Social Work, CUHP on 11th Feb, 2025.
- Member of the Board of Study for Allied & Cognate Disciplines in Department of History 16.02.2023-15.02.2026.
- Member of Patent Cell Committee of CUHP from 12th August, 2024.
- Member of Infrastructure and Accommodation Committee constituted to organize students exchange programme under “Ek Bharat Srestha Bharat: Yuva Sangam Phase-IV” during 21st February to 13th March, 2024.
- Nominated for EBSB Yuva Sangam Phase IV as an infrastructure and accommodation committee member from 21st Feb to 13th march 2024.
- Nominated for Selection committee for Associate Professor and Assistant Professor interview in the Department of Sociology and Social Work, CUHP.
- Nominated for Nasha Mukta Bharat “Abhiyan Kaushal Ka” For New Delhi by CUHP.
- Acted as an external expert in the Department of Sociology and Social Anthropology to conduct Viva-Voce examination on 28th December, 2023.
- Nominated as Jury member by Registrar of the University, during Hindi Pakhwara on 15th September, 2023.
- Nominated a Member of selection committee for conducting personal interview for temporary/ Co-terminus faculty positions for UPSC coaching under Dr Ambedkar Centre of Excellence (DACE) on 28.09.2022 Academic Council Central University of Himachal Pradesh.
- Nominated of Director Research for the DRC for The Department of Economics.
- Nominated by Dean Academics to prepare research proposal under CSR scheme of the HEFA on 14th September, 2023.
- Member of Selection committee as a Head of the Department of Social Work & Sociology & Social Anthropology on 09.09.2023.
- Member of RDC of Department of Sociology and Social Anthropology as a supervisor on 24th November, 2023.

- Member of the School Board in the School of Social Sciences from 26th Feb 2023 -26th Feb, 2026.
- Nominated a Member of Subject Matter Expert from Central University of Himachal Pradesh.
- Member of the Proctorial Board (Sapt Sindhu Parisar Dehra) of CUHP to till date.
- Member of Research Degree Committee (RDC) at Himachal Pradesh University from 29th Dec,2023 to till date.
- Member of Anti-raging Squad committee Central University of Himachal Pradesh for 2024-2025.
- Member of Board of Studies, Department of Fine Art, CUHP from 21st December 2023 to till date.
- Chairperson of the Admission committee 2022,2023,2024 of Department of Social Work in CUHP
- Chairperson of University Complaint Committee in CUHP from 27th Dec 2023 to 27th Dec, 2025.
- Chairperson of the DSC, DRC, BOS, Department of Social Work, CUHP 2022 to till Date.
- Member secretiatory for inquiry about carry Creature Art made by Fine Art Students on 20th May, 2024.
- Member of committee for recruiting a project “ Agriculture Valnerand adaptation to climate change in Himalayan region of Himachal Pradesh” by Department of Economics, CUHP.
- Member Hostel admission committee for the session 2022.
- Member of the University Proctorial Committee in CUHP.
- Member of Board of Studies, Department of Social Work, CUHP.
- Act as a Judge Wall making competition by the Department of Sociology and Social Anthropology on Post COVID at CUHP, 2022.
- Attended A program as a VC Nominee at Delhi University on Nasha Mukht Samaj Andolan-Hidostaniyion Nasha Choro Abhiyan by Ministry of State, Housing & Urban Affairs Government of India on 9 August, 2022.
- Advisory Board Member of UGC-approved conference at New Art, Commerce, Science College Wardha, Maharashtra.
- Member, As a Social Scientist (Expert Group, for the Appraisal of SIA report), Govt of Himachal Pradesh, Department of Tourism & Civil Aviation.
- **Member-** Gender Champion, Discipline Committee, CPUH, Hamirpur **(2015-2021).**
- **Member-**Board of Studies, School of Legal Studies and Governance, CPUH **(2015-2017)**
- **Member-** Academic Council, Career Point University, Hamirpur **(2015-2017).**
- Working as a counsellor of IGNOU since Sept 2012.
- Five years of research experience in NIT from July 2007 to July 2012.
- Member of Senate Post Graduate Committee (SPGC) in NIT from 2010-2011.
- Member of Department Post Graduate Committee (DPGC) in NIT from 2008-2011.

ORGANISED PROGRAMME

- Organized a Quiz Competition at Career Point University at 28th January 2015.
- Organized a three Legal Awareness Camps, Legal literacy camp with collaboration NALSA, Hamirpur at CPUH
- Organized one-day seminar at Mahal Panchyat with the collaboration JNU, New Delhi.

- Organized a one-day workshop on “How to make preparation for Judicial Services” on 21.04.2017 at Career Point University, Hamirpur.
- Organized National COVID-19 awareness Program during Lockdown.2019-2020
- Organized National workshop on responsibilities of SESREC on 2021
- Organized National Poster making Competition on HIV/ AIDS funded by AIDS Control Society, Hamirpur, HP
- Organized Blood Donation Camp on Balidani Ankush’s birthday on 2020 at CPUH.
- Organized Bhuley-Bisrey Khel Pratiyogita on International Women,s Day,2022 at CPUH
- Attending three National Lok Adalat at district Hamirpur

CHAired SESSIONS & Resource Person Invited Lectures/Keynote Speaker

- Practical supervisor of Sociology at Rockland Day-Boarding Public Sr. Sec. School, Rakkar Colony, Una on Feb, 2017 & 2018.
- Chief Guest at UGC sponsored International Conference organized by New Arts, Commerce Science College Wardha, Maharastra, on 29th Feb, 2020.
- Chief Guest on 18th Raising Day, Himalayan Mahila Avam Jan Kalyan Sanstha, Bassi Bhoranj, Hamirpur in February, 2022.
- Chaired Technical session in National Seminar on Abusive relationship and Protection against domestic Violence funded by National Commission for Women (Govt of India) at Career Point University, Hamirpur on 5th March, 2022.
- Act as a resource person in National Seminar funded by National Commission for Women (Govt of India) at CUHP on 18th-19th Nov, 2022.
- Chairperson in National Seminar on Abusive Relationship & Protection against Domestic Violence, by National Commission for Women at Career Point University, Hamirpur on 5th March, 2022
- Chaired a session in two days’ workshop on Sociology in the light of NEP2020 and Indian knowledge System, 7th to 8th May 2022 at CUHP.
- Chaired a session in two days National Seminar, on Bharat Ka Samajik Avam Sanskritik Darshan: Dr Keshav Rao Bali Ram Head Gewaar ka Yogdaan on 24th june to 25th june 2022 at CUHP.
- Act as Resource person in the National Level one Week Faculty Development Programme, organized by Department of Law, School of Legal Studies and Governance, CPUH on 1st Feb to 8th Feb, 2023.
- Chaired a session on one day National Seminar on Ramcharit Manas on, 30th May 2023 at CUHP.
- Chaired a technical session on International Workshop Cum Conference on Women, Social Innovation and Entrepreneurship: Possible Lessons from India and South Africa, in association with ICSSR and NIHSS at Central University of Punjab on 28 September 2023.
- Chaired a technical session in International Conference on Business, Sustainable Development and Indian Society on 6-7 Nov,2023 at Wazir Ram Singh Government College, Dehri District Knagra, HP

- Chaired a technical session (Resource Person) in The Role of Youth Volunteers in Nation Building at Baba Kanshi Ram, Govt Degree College Dada Siba on 29th Dec, 2023 at Wazir Ram Singh Government College, Dehri District Kangra, HP.
- Delivered a Key Note Address at one day workshop on “Swami Vivekananda; An Inspiration for Yuva” Organized by NSS unit of Baba Kanshi Ram Govt. College, Dada Siba on 29th December 2023.
- Delivered a Key Note Address at an International Conference on “Business, Sustainable Development and Indian Society” held in Wazir Ram Singh Govt. College, Dehri on 6&7 November 2023.
- Delivered a Key Note Address in workshop on “Research Methodology for Social Scientists” held in Govt. College, Dehra on 16 May, 2023.
- Invited for Chairing a technical Session in ICHR a sponsored Seminar on Habitat Society and Economy of Scheduled Tribes of Northwest Bharat at Thakur Ramsingh Itihaas Sodh Sansthan Neri Distt Hamirpur on April, 2023.
- Invited for Resource Person of Faculty Development Program in Career Point University on 6th Feb 2023.
- Invited as Chief Guest for VIBGYOR-23 Exhibition by the Department of Fine Arts on 03.03.2023 at CPUH.
- Chaired a Technical session on Two days National Seminar on Vrihad Himachal Pradesh Ka Sanskritik Itihas on the theme Brief Socio-economic culture of Himachal Pradesh, 29th March to 30th March, 2024 at CUHP
- Chaired a session on Two days National Seminar on Adhunik Samaj Disha evm Chunottayan: Vanchit Prtiutter Swami Vivekanand on, 09th June to 11th June, 2024 at CUHP
- Guest of Honor in Notional Seminar on Freedom of Speech & Expression organized by Department of Law, CPUH on 15 March, 2024
- Invited for examiner for conducting viva voce of Research Proposal in MA Sociology in CUHP, 2024.
- Keynote Address & Lecture delivered in National Seminar on freedom of speech and expression on 15 March, 2024 in the Department of law at Career Point University Hamirpur.
- Key speaker in Orientation and Induction Programme conducted by Department of Sociology and Social Anthropology at the Central University of Himachal Pradesh 5th - 9th August 2024.
- Chaired a technical session in International Conference on Resilient Women, innovative Solutions& Sustainable Environment organized by Govt College Bhoranj on 25th-26th Nov, 2024.
- Chaired a Session on Sustainability and Resilience: Emerging Paradigms in Management, Agribusiness, tourism, Commerce and Social Sciences organized by School of management& Liberal Arts at Career Point University, Hamirpur on 2nd to 3rd December, 2024.
- Delivered an expert talk as Keynote Speaker on the Topic Sustainability and Resilience: Emerging Paradigms in Agribusiness and Social Sciences at Career Point University, Hamirpur on 2nd to 3rd December, 2024.

- Chaired a Session on Sustainable Agro Technologies and Innvovation for Rainfed Agro Ecosystem In Himachal Pradesh organized by Career Point University, Hamirpur on 25 & 26 January, 2025.

Seminar/Workshop Organized at CPUH

- Seminar on Double Farming collaboration with JNU on 2017 at CPU, Hamirpur
- Workshop on How to crack Judicial exam on 2019 at Career Point University, Hamirpur
- International Seminar on New Education Policy on 10th October, 2020 at CPUH.
- Seven-day weeklong awareness workshop on Health care under UBA 24-30 Nov, 2020 at Career Point University, Hamirpur.
- Organized Yoga Shiver on Yoga day, 2021 at Career Point University, Hamirpur.
- Organized Capacity Building Programme in collaboration with NIDM, New Delhi, 21-23, Oct 2021 at Career Point University, Hamirpur.

Organized Programme as a Head, Department of Social Work, CUHP

- Organised & Celebrated World TB Day on 24th March, 2025.
- Organised & Celebrated International Women's Day, 2025
- Organised ten days Research Methodology Course (Course Co- Director) from 2 Jan, 2025 to 13 Jan, 2025 at Sapt Sindhu Parisar Dehra -2.
- Organised TB awareness program at adopted Villages, Hostel and campus from Nov-Dec, 2024.
- Organized Free Medical Check-up camp for adopted villages under Unnat Bharat Abhiyan, Red Ribbon Club on 30th Nov, 2024 at Sapt Sindhu Parisar Dehra.
- Organized Three days Self Defense Training for girls of Sapt Sindhu Parisar Dehra on 26 Nov, 2024 to 28 Nov, 2024.
- Organized workshop under the Project entitled "Socio-economic impact of Beti Bachao Beti Padhao Scheme: an Empirical study in Selected Area of Himachal Pradesh"
- Organized National Seminar on Unsung Heroes of Himachal Pradesh: Freedom Struggle and Patriotism during Independence, 20th and 21st November 2023 funded by ICSSR.
- Organized Hindi Pakhvada 2023 in CUHP from 18th Sept to 27th Sept 2023.
- Organized "Sanghoshti and Kavita Path" organized by the Department of History in Association with Unnat Bharat Abhiyan and Rashtriya Kavi Sangam on the Occasion of Vishwa Kavita Diwas at Central University of Himachal Pradesh, Sapt Sindhu Parisar on 21st March 2023.
- Organised Bittiy Sakhasharata Diwas & Awareness Programme at Shivnath Panchyat on 2nd Feb, 2023.
- Organized & Presided a National Seminar on Gender Based Crime and Women Police Station, 18th November 2022 funded by Women Commission, New Delhi.
- Organized online Capacity Building Programme in collaboration with NIDM, on Disaster Management New Delhi, 18 May 20 May 2022 at CUHP.
- Organized webinar in collaboration with National Institute of Social Defense on the topic "Provisions of the Transgender persons (Protection of Right) Act, 2019 and Rules 2020" on 26 May 2022 at Central University of Himachal Pradesh.

- Organized Nasha Mukta Bharat Abhiyan awareness programme (Five Days Programme) Programme every year at Central University of Himachal Pradesh & adopted villages.
- Organized No Tobacco Day (Three Days Programme) Programme on 31 May to 3 June 2022 inter department activity at Central University of Himachal Pradesh.
- Organized Environment Day (Three Days Programme) Programme under Unnat Bharat Abhiyan in collaboration with Sewa Bharati on 3 June to 5 June 2022 at CUHP.
- Organized Ten Days Research Methodology Courses funded by ICSSR from 07 July to 16 July, 2022 at Central University of Himachal Pradesh.
- Organized Blood Donation Camp under Unnat Bharat Abhiyan at CUHP
- Organized Half Marathon under Unnat Bharat Abhiyan and Department of Social Work, CUHP
- Organized Kavi Samelan under Unnat Bharat Abhiyan and Department of Social Work, CUHP.
- Organized workshop on water conservation in collaboration with Central Ground Water Board, GoI in year 2022.

Organized National Events Organised under Unnat Bharat Abhiyan, Red Ribbon Club & Department of Social Work (Around 100 Academic & Community out Reach)

- **Unnat Bharat Abhiyan (Ministry of Higher Education) Education)**
 - PAHAL
 - Traditional Skill Enhancement- Bamboo Work, Knitting stitching
 - Promotion of Traditional Cuisines
 - Adoption of Park
 - Nashe Sey Azzadi
- **Nasha Mukta Bharat Abhiyan- (Ministry of Housing & Urban Affairs)**
- **TB Mukta Bharat Abhiyan (Ministry of Health & Family Welfare)**
- **Awareness on HIV/ AIDS- (Ministry of Health & Family Welfare, National Aids Control Organisation)**
- **World Health Organization's (WHO)**
- **Unnat Bharat Abhiyan:**
- **PM TB Mukta Bharat Abhiyan**
- **Skill Enhancement Programme**

ASSOCIATION WITH PROFESSIONAL BODIES- LIFE MEMBERSHIP

- Life membership of the Indian Association for the Study of Population, No- IASPLM-644
- Life member of the Indian Association of Social Science and Health (IASSH) No- 525.
- Life member of Indian Sociological Society (ISS) No-LM5539
- Life member of Northern–Western Indian Association ID-293
- Life member of the Sociological Association of Himachal Pradesh
- Life member of Three NGOs working for Girl Child
- Life member of Environment and Social Development Association, Delhi ID –L 277
- Life member of Society for Community Mobilization for Sustainable Development (Mobilization), New Delhi

ATTENDED FACULTY DEVELOPMENT, TP & CAPACITY BUILDING PROGRAMME

- Attended online Faculty Development Programme on NEP 2020 Orientation and Sensitization on the Theme Indian Knowledge System by UGC-Malaviya Mission Teacher Training Centre in Collaboration with Central University of Jammu, on 24th Feb-04 March, 2025
- Attended Five Days National Level online Faculty Development Programme on Data Analysis Using SPSS in quantitative Research at Institute for Scholarly Research and Training, Chennai on 5th – 9th Nov, 2024.
- Attended online Ten Days Capacity Development Program on “Advance Research Methodology” organised by V. K. Krishna Menon College of Commerce & Economics and Sharad Sanskaar Dighe College of Science, Internal Quality Assurance Cell in Association with Department of Commerce on 20th Feb, 2024-1st March, 2024.
- Attended two week online International Faculty Development Program on “by Integral University Lucknow India on 14-25th June, 2021.
- Participated in Faculty Enrichment Programme on 21st Century Skills for University Teachers by Amity University Haryana on 21st to 26th June, 2021.
- Participated in Online Training Programme on Basic Life Support in Context with Road Side Accidents by Career Point University on 5 August, 2021.
- Attended Faculty Development Programme on Skill Development and Opportunities for Teachers in Present scenario organized by Career Point University on 11th – 16th August, 2021
- Attended International Faculty Development Programme on Emerging aspect of Research Methodology at S.S. Subodh Jain P. G.College, Jaipur, Rajasthan on 1st – 7th Oct, 2021.
- Attended Faculty Development Programme on quality teaching, Research and Internationalization of Higher education: Opportunities and Challenges at Career Point University on 6th – 8th Oct, 2020.
- Attended Orientation program cum workshop of Unnat Bharat Abhiyan at IIT Delhi on 16-17 Nov, 2018.
- Attended and presented a success story on UBA at NIT, Hamirpur on 16 Nov, 2019.
- Attended Capacity Building Programme for Young Social Science Faculty sponsored by ICSSR organized by Centre for Social Defenses and Gender Studies Jodhpur, Rajasthan 7-20th January, 2018.

EDITOR

- **Senior Associate Editor:** International Bi- annual Referred / Peer Reviewed Research Journal, Burnished Law Journal, ISSN: 2582-5534
- **Advisory Board member,** Conference Proceedings Publication, New Arts Commerce & Science College Wardha Maharashtra.
- **Member of Editorial Board & Research paper Supervisor** for Chintan & Pramana Research Journal.
- Sub Editor- International Journal of Researches in Social Science & Information Studies, Peer Reviewed International Refereed Research Journal, ISSN No-2347-8209.
- Write lessons of MA Sociology IIIrd Semester & 4th Semester Course SOC-402 & SOC-302 for ICDEOL HPU, Shimla in 2022.

- Evaluated the PDF Research Report received from ICSSR of Dr Bharati on the topic “Women upliftment and administration; Study of women of some villagers of Pali Tehsil of Lalitpur district of Bundelkhand Region”.
- Worked as a field investigator in a project entitled “Declining Child Sex Ratio of Una district of Himachal Pradesh” to Himcon, Shimla. (June- July, 2015).

AWARDS

- Received an Award **Global Top 50 Achiever,s award** Presented By Gopal Kiran Samaj Sevi Sanstha (GKSSS) Registration No- 160003/28.1.1986.,on 13 April, 2025.
- Received an Award for **excellent contribution on TB Mukht Bharat Abhiyan** March, 2025
- **Women Excellence Award 2025** By Guru Foundation Rohtak, Women Excellence Award 2025on the occasions of International Women,s Award, **Reg. No- 9196/2021**
- **Women ICON Award 2025** in the field of Education, Women empowerment **By Guru Foundation Rohtak, Women Excellence Award 2025 on the occasion of International Women,s Award**, Registered in Niti Ayog Unique ID: HR/2018/0201854.
- **Community Connect Award** by Central University of Himachal Pradesh on 5th Sep.2023.
- Awarded in Field of Social Work by Rashtriya Kavi Sangam on International Women’s Day, 2023
- **Green Championship Award** by Environment & Social Development Association Delhi on 04-05 Nov, 2023.
- **Kiran Super Iron Lady International IDIOL Award**, 2023 by Gopal Kiran Samaj Sevi Sanstha,Gwalior,MP on 28.10.2023.
- Rajmata Jeeja Bhai Sammaan **on Samaaj Karya key Keshater** by Guru Foundation, Rohtak,2023
- **Shikha Ke Keshater main Kiy Ja Rahey Utkristh Karya on National Level Award” Dr Sarvpallii Radhakrishan Shishak Award 2023 by Guru Foundation, Rohtak on National Teachers Day) 05 Sep, 2023).**
- **Shikha Ke Sath Samajik Karya** by Focus Himachal Newspaper on International Women’s Day, 2023
- **ESDA Women Empowerment Award** by Environment & Social Development Association Delhi on 15-16 October, 2022.
- **Best Red Ribbon Award** in District Hamirpur by Honorable Health Minister on 8th March, 2022.
- **Best Social Worker** for Community Development in HP by HP Arts Culture and Language Academy, Shimla and Focus Himachal Newspaper on International Women’s Day, 2021
- **Best Extension Professional Award** on Doubling Farmers Income by 2022, challenges, opportunities and way forward” at Career Point University, Hamirpur on 15-17 Feb, 2020.
- **Best Social Scientist** Community Mobilization and Rural Innovation Award 2019-2020.
- **Best Social Worker** of the State for Save Girl Child by Prerna Foundation NGO on 2019.

- **Best paper award:** “PNDT Act and Misuse of Modern Medical Technology in Himachal Pradesh” in International Journal of advancement in Engineering Technology, Management and Applied Science” IJAETMAS, Vol-2, Issue-3, and ISSN: 2349-3224.
- **Best Field work presentation award** on the Project report titled as “A Socio-Economic Status of the Maanganiyar Community: A Case Study of Jaisalmer District of Rajasthan on 7-20th January, 2018.
- **Best Paper Award** in Capacity Building Programme for Young Social Science Faculty sponsored by ICSSR organized by Centre for Social Defenses and Gender Studies Jodhpur, Rajasthan 7-20th January, 2018.
- Appreciation letter received from Deputy Commissioner Una for participated in workshop on Beti Bachao Beti Padhao held at Una on 21st Jan, 2016.
- Appreciation letter received from Himachal Kala Art Culture & Bhasha Akadmi and Career Point University, Hamirpur on the occasion of State Level programme.
- Appreciation letter received from Centre for Yoga Studies, Central University of Himachal Pradesh for Har Ghar Angan Yog 5th June to 9th June, 2023.
- Certificate of Appreciation on the occasion of World TB Campaign 2024 held at CORD, Dharamshala (H.P) on 5th March 2024.
- Appreciation letter received from Department of Visual Art & Centre for Tribal Studies & History Department on the occasion of Janjatiy Gaurav Divas, 2024.

OTHER ACTIVITIES:

- Participation in Har Ghar Angan Yog on the occasion in International Yoga Diwas, 05 June to 9 June, 2022.
- Participated in the 69th National Webinar by Anbrat Sambaad on Small Millet as Nutraceuticals held on 09th July, 2023.
- Organised Orientation programme, 2022, 2024, 2024
- Organised Educational tour Session 2021-2023
- Organised different Cultural programme
- Organised different Interaction programme
- Participation in TB Mukta Panchayat Abhiyaan
- Understanding Rural Livelihoods and Awareness Campaign on TB Mukta Bharat Abhiyaan

PAPERS PRESENTED IN INTERNATIONAL CONFERENCES & SEMINARS

1. P.C. Ryhal and Shashi Punam. (2011) “Son preference and gender bias in district Kangra in HP-A Case Study” presented in International conference at Aligarh University on May 24.
2. Shashi Punam (2012) “A Sociological Study of Vanishing Girls in Himachal Pradesh” presented in an International Seminar at BHU University on dated May 30th-31st.
3. Shashi Punam and P.C. Ryhal (2013) “Save girl child: Without girl child no society” presented in International seminar at Centre for Canadian studies development programme Himachal Pradesh university on dated March 13, 2013.
4. Shashi Punam (2013) “Attitude of Society towards Female Foeticide and Status of Women of Himachal Pradesh: A case study of District Kangra” international conference at AMU, Aligarh at Dec 4-6, 2013.

5. Shashi Punam and Sandeep Sharma (2013), "Human rights and societal attitudes for girl children: a study of Una district in Himachal Pradesh international conference at AMU, Aligarh at Dec 4-6, 2013.
6. Sanjay Kumar and Shashi Punam (2013), "Does the son preference continue to persist in India?" International conference at AMU, Aligarh at Dec 4-6, 2013.
7. Shashi Punam and Sandeep Sharma (2013) "Gender Inequality in Health and Status of Women in Himachal Pradesh: a Case Study" 1st South Asian History Conference organized by Punjabi University, Patiala, Punjab on 25- 27 October 2013.
8. Shashi Punam and P.C. Ryhal. (2013) "Women will soon get extinct: Study of Declining Sex Ratio in Selected Districts of Himachal Pradesh" 1st South Asian History conference organized by Punjabi University, Patiala, Punjab on 25- 27 October 2013.
9. Shashi Punam (2014): "Current issues and Challenges in Higher Education in India as well as Himachal Pradesh" International Seminar at Trisha PG. College of Education, Hamirpur (H.P.), Nov 8-9, 2014.
10. Shashi Punam (2015), "Religious Beliefs and Societal Attitude for girl children: a Case Study of Una District in Himachal Pradesh" 3rd South Asian History conference organized by Punjabi University, Patiala, Punjab on 15-17 October 2015.
11. Shashi Punam (2016), "Development and challenges of Tourism industry in Himachal Pradesh" International conference on prospects and Competitive challenges in global hospitality and tourism at Lovely Professional University, Jalandhar on 1st & 2nd April, 2016.
12. Shashi Punam (2016) "Gender Issues in Himachal Pradesh: Selective Discrimination against Female children" on gender equality and women's empowerment: dimensions, directions and challenges at JNV University Jodhpur, Rajasthan, on 25-26th Nov, 2016.
13. Shashi Punam (2017), "Role of Government, Media to reduce female foeticide and Female infanticide in India" on Domestic violence against women: Perspective, issue and suggestions at Sardar Patel University of Police, Security & criminal Justice, Jodhpur on 23-24 March.
14. Shashi Punam (2017)," Desire in the Mind: Male or Female in Indian Society" International conference on Birthing the New Humanity: Challenges and Prospects" on 3-6th November 2017 at Agriculture University, Palampur.
15. Shashi Punam (2017), "Femininity Disparity and Status of Women in Himachal Pradesh: Emerging Trends" 5th South Asian History conference organized by Punjabi University, Patiala, Punjab on 10- 12 Nov 2017.
16. Shashi Punam (2017), "Significant Role of Caste and Media in Indian Politics" International conference on Good Governance initiatives, Challenges & Prospectus at Department of Public Administration organized by Punjabi University, Patiala, Punjab on 13 Nov 2017.
17. Shashi Punam & Professor Kaushal Kumar Sharma, (2019), "Health Status of Tribes of HP: A Special Reference of Gaddi Tribes" International Conference on Global Environmental Challenges Human Health and Sustainable Development at JNU on 11-13 January.
18. Chaired a technical session in International Conference on Resilient Women, innovative Solutions& Sustainable Environment organized by Govt College Bhoranj on 25th-26th Nov, 2024.

ONLINE CONFERENCES & WEBINAR ATTENDED

- Online conference attends IGNOU centre 1179 at Sidhrath Govt College, Nadaun on 2012.
- Shashi Punam, 2020 has attended three days Webinar from 28th to 30th, May 2020 on “Development, Execution and Maintenance of epic project” Organized by Department of Civil Engineering Rajarambapu Institute of Technology, Rajaramnagar In association with Dhruv Consultancy Services Ltd., Navi Mumbai.
- Shashi Punam, 2020 has participated in the online National Webinar organized by Department of Social Sciences & Social Work, Bhakta Kavi Narsinh Mehta University, Junagadh on “CoViD-19: Socio-Cultural Impacts” held on 26th May 2020.
- Shashi Punam, 2020 has Successfully completed “National Level Quiz on Research Methodology”, organized by Indian Academic Researchers’ Association (IARA)-Gujarat wing.
- Shashi Punam, 2020 has participated in online “Quiz on Mahatma Gandhi” on 5/17/2020 with a pass in A score of 80%.
- Dr Shashi Punam has participated in three days National Workshop entitled "Research Methodology" held on from 13th to 15th June 2020.
- Dr Shashi Punam has participated in “International Webinars on 28- 30th June 2020” organized by Department of Music & Fine Arts, Sri Padmavati Mahila Visvavidyalayam, Tirupati.
- Participated in national Webinar titled “ Reproductive choice of Women: A Fundamental Right Organised by Annamalai University in collaboration with National commission for women from 29th to 30th December,2021.
- Participated in 69th National webinar on Small millet as Nutraceuticals by Anvarat Sambaad held on 9th July ,2023

PAPERS PRESENTED IN NATIONAL CONFERENCES /

1. P.C. Ryhal and Shashi Punam. (2008) “A study of decline sex ratio in Himachal Pradesh: A Case study “in conference held at Nanital organized by Department of sociology, Kamaoun University Nanital on dated (10-11March).
2. P.C. Ryhal and Shashi Punam. (2008) “Conceptual and historical movement of Dalits in India” in conference organized by department of Sociology, HPU Shimla in March 28-29.
3. Attended a National conference on “Advances in mathematics and its application” held during December 19-21 2008, at department of applied sciences and humanities at NIT Hamirpur.
4. P.C. Ryhal and Shashi Punam. (2008) “The declining child sex ratio in Himachal Pradesh: A case study” conference organized by Department of Sociology, University of Rajasthan, Jaipur in 27-29 December.
5. P.C. Ryhal and Shashi Punam. (2009) “The declining child sex ratio in Punjab: A case study” in national seminar held at Chandigarh CRIID on dated (3-5 March).
6. P.C. Ryhal and Shashi Punam. (2009) Declining child sex ratio in Gangath village of district Kangra in HP in conference held at organized by The University of Kashmir, Srinagar (10-12 October).

7. P.C. Ryhal and Shashi Punam. (2010) "Effects on human development indicators on child sex ratio in HP" in conference organized by Department of Social sciences, BHU Banaras on (3-5 March).
8. P.C. Ryhal and Shashi Punam. (2010) "Socio-economic and cultural dynamics of adverse child sex ratio-A case study of Una district in Himachal Pradesh" in conference organized by Department of Social sciences, BHU Banaras (UP) on dated (5-7 march).
9. P.C. Ryhal and Shashi Punam. (2010) "A study of human development indicators and declining child sex ratio in Himachal Pradesh" in conference organized by Department of Social Sciences, BHU Banaras (UP) on dated (5-7 march).
10. P.C. Ryhal and Shashi Punam. (2010) "The declining child sex ratio: A case study of Una District in Himachal Pradesh" in workshop held at Delhi, IIC, Lodhi Estate, New Delhi on dated 12-13 February.
11. P.C. Ryhal and Shashi Punam. (2010) "Female Foeticide in Himachal Pradesh: Exploring the Socio- economic and Cultural factors" in conference organized by Ravenshaw University, Cuttack, 27-29 December.
12. P.C. Ryhal and Shashi Punam. (2011), "Social –Psychological factor effecting female foeticide in Himachal Pradesh" present at Chennai (RGNITYD).
13. P.C. Ryhal and Shashi Punam. (2011) "Sex selection and Son preferences in Himachal Pradesh: A case study" present at Jaipur University.
14. P.C. Ryhal and Shashi Punam. (2011) "The endangered Sex: Neglect of female children in Himachal Pradesh" presented 37th All India sociological conference (December 10-13) Organized by: school of social sciences Jawaharlal Nehru University, New Delhi.
15. Shashi Punam and P.C. Ryhal. (2011) "Discrimination against female children in Himachal Pradesh: a case study" presented at Tata institute of social sciences, organised in 9th of Indian Association for Social Sciences and health on 24-26 nov,2011.
16. Shashi Punam and P.C. Ryhal. (2011) "Discrimination prevalence against the girl child in the society" present at B.S.M.P.G. College, Roorkee on 14-15, October.
17. Shashi Punam and P.C. Ryhal. (2012) "Women health: peril of pre-birth elimination and child sex ratio in Himachal Pradesh" at the tenth conference of Indian association for social sciences and health, held at Jawaharlal Nehru university, New Delhi, 21-23 Nov, 2012.
18. Shashi Punam and P.C. Ryhal. (2012) "Human Rights of girl children and crimes against woman: a study of Una district in Himachal Pradesh "Organized By Department of Political Science, B.S.M.P.G.College, Roorkee 6 & 7, Nov 2012
19. Shashi Punam and P.C. Ryhal. (2012) "Sex Selective Abortions and Female Foeticide in Himachal Pradesh" at Udaipur (Rajasthan), 30-31 December.
20. Shashi Punam and P.C. Ryhal. (2012) "Development of Tourism in Himachal Pradesh: a case study" in National seminar at Department of Economics, Sidharth Government College Nadaun, 23-24 Nov 2012.
21. Shashi Punam and P.C. Ryhal. (2012) "Where all girls gone from home of hills in Himachal Pradesh" at National Seminar on Gender, Law and Social Transformation in India (17-18 September, 2012)

22. Shashi Punam and P.C. Ryhal. (2012) "Imbalance of the Sex Ratio at Birth in Himachal Pradesh: A case study," Organised by the IUAES Commission on Anthropology of Children, Youth and Childhood and the Kalinga Institute of Social Sciences (KISS), Bhubaneswar from 26th to 30th November 2012.
23. Shashi Punam and Sandeep Sharma (2012) "Impact of road connectivity on Tourism in Himachal Pradesh: a case study" in National seminar at Department of Economics, Sidharth Government College Nadaun, 23-24 Nov 2012.
24. Shashi Punam and P.C. Ryhal. (2013) "Women empowerment through Self Help Group in Himachal Pradesh", Regional Seminar at NSCBM Govt P.G. College Hamirpur on 8-9 March.
25. Shashi Punam and P.C. Ryhal. (2013) "Daughter Elimination, Son Preference and Sex Ratio Patters in Himachal Pradesh" National Seminar at Jammu University at 19-21 March, 2013.
26. Shashi Punam and Nisha Kumari (2013) "Unwanted girls, latest medical technology and Female foeticide in Himachal Pradesh" National Seminar at Jammu University at 19-21 March, 2013.
27. Shashi Punam and Sandeep Sharma (2013) "Modern medical technology and sex selective abortion in Himachal Pradesh" National Seminar at Jammu University at 19-21 March, 2013.
28. Shashi Punam and Sandeep Sharma (2013) "Demographic Changes and role of Mass Media to encourage Gender Equality in Himachal Pradesh: A case study" National seminar at IIFM Bhopal on March 21-23.
29. Shashi Punam and P.C. Ryhal. (2013) "Violence against Women and Female Foeticide in Himachal Pradesh: Evidence from 2001 and 2011 Census data" National Seminar at Himachal Pradesh University, Shimla on 21-22 August, 2013.
30. Shashi Punam and Nisha Kumari (2013) "Analyses the socio-economic causes and factors of violence against women in Himachal Pradesh" National seminar at HPU, Shimla on 21-22 August, 2013.
31. Shashi Punam and P.C. Ryhal. (2013) "Poverty Alleviation Women Empowerment through Self Help Groups in Himachal Pradesh" National Seminar, Organized by B.S.M.P.G.College, Roorkee (Haridwar), October 04-05, 2013.
32. Shashi Punam. (2013) "Gender Discrimination: Study of Declining Sex Ratio in Selected Districts of Himachal Pradesh" National Seminar at Jammu University at 22-23 Nov, 2013.
33. Shashi Punam. (2013) "Gender role: misuse of medical technology" National Seminar at Jammu University at 22-23 Nov, 2013.
34. Shashi Punam and P.C. Ryhal. (2013) "Health Services in Himachal Pradesh: a case study" 11th conference of Indian Association for Social Sciences and Health, held at SRM University, Tamilnadu at 26 – 28 December 2013
35. Sandeep Sharma and Shashi Punam (2013) "Health Status and its Determinants in Himachal Pradesh: a case study" 11th conference of Indian Association for Social Sciences and Health, held at SRM University, Tamilnadu at 26 – 28 December 2013.
36. Nisha Kumari and Dr. Shashi Punam (2013) Social Development and Health Status of Women in Himachal Pradesh: A Case Study" 11th conference of Indian association for social sciences and health held at SRM University, Tamilnadu at 26 – 28 December 2013.

37. Shashi Punam and P.C. Ryhal. (2014) "Gender Discrimination and Health of Women in Selected Districts of Himachal Pradesh" National conference at Gokhale Institute of Politics and Economics, Pune at 6-7 January.
38. Shashi Punam and Nisha Kumari (2014), "Social equity in Higher education and promotion in Himachal Pradesh" North- West Regional Seminar at NSCBM Govt. College Hamirpur.
39. Shashi Punam (2014), "Conceptual and Historical movement of Minorities in India with special reference to Indian politics" National Seminar on Development of Socially Excluded Groups in India: Challenges and Strategies for Inclusion, Organized by Gandhigram Rural Institute Dindigul District, Tamil Nadu.
40. Nisha Kumari, Dr. Shashi Punam and Sanjay Kumar (2014), "Caste and Social Equity in Himachal Pradesh" National Seminar on Development of Socially Excluded Groups in India: Challenges and Strategies for Inclusion Organized by Gandhigram Rural Institute Dindigul District, Tamil Nadu.
41. Shashi Punam (2014), "Gender Discrimination in Child-Care Practices in Himachal Pradesh" National Seminar on Gender and Violence Organized by RC 10 'Gender Studies' Indian Sociological Society and Department of Sociology, Jamia Millia Islamia, New Delhi, 15-16 October.
42. Sanjay Kumar & Dr. Shashi Punam (2014), "Concept of Gender Violence in Himachal Pradesh: A Case study" National Seminar on Gender and Violence: A Challenge for Equitable Society Organized by RC 10 'Gender Studies' Indian Sociological Society and Department of Sociology, Jamia Millia Islamia, New Delhi, 15-16 October.
43. Shashi Punam (2014), "Gender Inequality in Health and Status of Women in Himachal Pradesh: A Case Study" 12th annual conference of IASSH, University of Lucknow, 21-23 Nov.
44. Shashi Punam and Nisha Kumari (2014), Societal attitude toward girl child and son preference in India: A case study" 12th Annual Conference of IASSH, University of Lucknow, 21-23 Nov.
45. Shashi Punam (2014), "Violence against Women: Does the Son Liking Continue to persist in India?" National Seminar, Violence against Women: Current Challenges and Future Trends Organized by B.S.M.P.G.College, Roorkee (Haridwar).
46. Sandeep Sharma and Shashi Punam (2014), "Negative Societal feelings for girl children: a Case Study of Una district in Himachal Pradesh" National Seminar, Violence against Women: Current Challenges and Future Trends Organized by B.S.M.P.G.College, Roorkee (Haridwar).
47. Shashi Punam (2015) "Education Institutions in Himachal Pradesh: Current Issues and Challenges in Higher education" NAAC one-day seminar at Shiva College of Education, Bilaspur (Himachal Pradesh), 14 February.
48. Shashi Punam and Sanjay Kumar (2015) "Traditional Dance, Music Performance in Dev-Bhumi Himanchal" Thakur Jagdev Chand Samriti Shodh Sansthan Vill. Neri, PO. Khaggal, Distt. Hamirpur - 177 001 (HP) on topic Contribution of Folklores in History Writing, 02 to 04 October 2015.
49. Shashi Punam (2015) "Interrelating of caste and religion for gender inequality in Himachal Pradesh" XVIII North West Indian Sociological Conference by Guru Nanak Dev University, Amritsar on 2-3 November, 2015.

50. Shashi Punam (2015) "Excellent Organizational Records Behaviour makes Effective Educational System" ON Academic and Administrative Audit of Teacher Education Institutions: Need of the Hour, by Rajrajeswari B.ed College, Bhota, December 22 & 23.
51. Shashi Punam (2016) "Past and Present Scenario of Beda Releasing - the tradition that clears all the obstructions of Soul" ICSSR sponsored seminar at Govt college Bhoranj on 13-14 Feb.
52. Ms Tripta Kumari & Shashi Punam (2016) "Folk Culture of Himachal Pradesh: Some traditional dance, music performance of Bilaspur" ICSSR sponsored seminar at Govt college Bhoranj on 13-14 Feb.
53. Shashi Punam (2016) "Right to Information Act: an indispensable tool for Good Governance in India" ICSSR sponsored seminar at DAV college Jalandhar on 20th Feb.
54. Sandeep Sharma and Shashi Punam (2016) "Challenges and responsibilities of media in Democracy and Good Governance" ICSSR sponsored seminar at DAV college Jalandhar on 20th Feb, 2016.
55. Shashi Punam (2016) "Innovative Methods of Teaching: potential to improve teacher learning process" NAAC Sponsored National Seminar on Role of Evaluation in Teaching Learning Process from March 15th to 16th, 2016 at DDM Sai College of Education.
56. Ms Tripta Kumari & Shashi Punam (2016) "Developing the use of Information and Communication Technology to Enhance Teaching and Learning", NAAC Sponsored National Seminar on Role of Evaluation in Teaching Learning Process from March 15th to 16th, 2016 at DDM Sai College of Education.
57. Shashi Punam (2016), "Poverty Alleviation: Women Empowerment through Selp Help Gropus in H.P. organised by B.S.M.P.G.College, Roorkee (Haridwar) on 17 Sep, 2016.
58. Shashi Punam (2016) "Contemporary health status of tribal women: A study of a transhumant Gaddis population of Himachal Pradesh" 14th Annual Conference of IASSH at Gokhale Institute of Politics and Economics, Pune on 23-25 September.
59. Shashi Punam (2016) "Socio-economic status of tribal women: A study of a Gaddi tribe population of Himachal Pradesh" Tribal Issues and Strategies for Empowerment at B.S.M.P.G.College, Roorkee (Haridwar) on 21-22 Oct, 2016.
60. Shashi Punam (2017) "Health Status of Tribal Women: A Study of a Gaddi Tribe Population of Himachal Pradesh" organized by International Institute for Population Sciences National Seminar On "Population and Health in the Context of Sustainable Development Goals" at Bhubneshwer 11-13 January, 2017.
61. Shashi Punam (2017) "Women Conflict: Violence against Female Children in Himachal Pradesh" organized by G.C Ghuwarwin on Women conflict at 11-12 March, 2017.
62. Shashi Punam & Naina Sharma (2017), "The Role and Position of Women Ancient Society to Modern Society in India".
63. Shashi Punam (2017), "Women Empowerment: Impact of Education in Women Empowerment" National Conference on Management, Economics & Social Sciences (NCMESS 2017) at NIT, Hamirpur (H.P.) on 14-15 July, 2017.
64. Attend one-day Seminar on Drugs Abuse at District Court Hamirpur.
65. Shashi Punam (2017), "Role and importance of Quality education in Our Schools" organized by Himachal Pradesh Shikshas Mahasang at Chota Shimla, Himachal Pradesh on 24 August.

66. Shashi Punam (2017), The Role of Women in Panchayati Raj Institutions: Some initiated Programmes for Gender Empowerment in Himachal Pradesh organized by NWISA at Guru Nanak Dev University, Amritsar on 27-28th October, 2017.
67. Shashi Punam (2017), “Gender Justice and Constitution: Women Conflict and Violence against Girl Children in Himachal Pradesh organized by Sardar Patel University of Police Jodhpur on topic Dimensions of criminal justice system in India on 2-3 Nov 2017.
68. Shashi Punam & Sandeep Sharma (2017), “Good Governance and Right to Information Act in India: Justice and Equality”. UGC sponsored National Conference Organized by New arts, commerce Science College Wardha, Maharastra, on We the people of India on 28-29th Dec.
69. Shashi Punam (2018), “Gender and Regional Disparities in healthcare Growth in Himachal Pradesh”, National conference on Roadmap for inclusive and Sustainable Economy at NIT, Hamirpur on 3-4 Feb, 2018.
70. Shashi Punam (2018), “Violence against Women: Pre birth elimination and female foeticide in Himachal Pradesh”, National Seminar on women as critical partners in an Egalitarian society: An Evaluation of the current status of India. Jointly organized by Association of Indian Universities and The North Camp University, Gurugram, Haryana held on 8-9 March.
71. Shashi Punam & Sanjay Kumar (2018),” Rights of Dalits and Women: A Socio-economic Status of Maanganiyar Community of Jaisalmer District of Rajasthan” National Conference on Work Culture, Society and Environmental Issues Sponsored by Indian Council of Social Science Research, New Delhi, Organized by Department of Zoology NSCBM Govt. College, Hamirpur, (March 24-25, 2018).
72. Shashi Punam & Rohit Sharma (2018),” Role of Youth for National Building” 9th Science Youth Science Congress Organized by Career Point University, 7-9th April ,2018.
73. Shashi Punam (2018), “Role of higher education for the environment development and community development: a case study of Mehal Panchyat Hamirpur, HP”, National conference on Environmental Challenges for New India at Dr. Bhim Rao Ambedker College, University of Delhi on 2-3 June, 2018.
74. Shashi Punam (2018), “Tribal Health Status: Policies and Programmes for Tribal Women of HP” 39th Annual conference of IASP at Banaras Hindu University on 18-20 Sep.
75. Shashi Punam & Professor Kaushal Kumar Sharma, (2018), “Women Health and Development of Mountainous Communities of Himachal Pradesh: a Case study of Chamba District” National seminar at JNU, New Delhi on 13-14, Nov, 2018.
76. Shashi Punam & Prof. Sanjay Kumar (2018), “Rights, Status and issues of Gaddi Women of Chamba District in Himachal Pradesh” State seminar at GC Hamirpur on 26th Nov, 2018.
77. Shashi Punam & Sanjay Kumar (2019),” Art and Culture of Tribes of Himachal Pradesh: A Special Reference of Gaddies Tribe” on 15 Feb, at Thakur Jugdev Chand Shodh Smiriti Sansthan, Neri, Hamirpur HP.
78. Shashi Punam & Sanjay Kumar (2019),” Role of Self Help Group for the Women Empowerment in District Hamirpur of Himachal Pradesh” on 23 Feb, 2019 at NSCBM Government College Hamirpur, Himachal Pradesh.

79. Shashi Punam (2019) “Femininity Dissimilarity and Child Sex Ratio in Himachal Pradesh” UGC sponsored National Conference Organized by New arts, commerce Science College Wardha, Maharastra, on Feb, 2019.
80. Shashi Punam & Sanjay Kumar (2019),” Five Year Plan and Innovations in Higher Education in Himachal Pradesh” National conference on Quality of Higher Education on 27th March, 2019 at NSCBM Government College Hamirpur, Himachal Pradesh.
81. Ms Pooja & Shashi Punam (2019), “Swachh Bharat Abhiyan: To Clean India” National Seminar on Understanding Environment & Biodiversity: Law, Governance, Development & Society Perspective on 27th April, 2019 at Career Point University, Hamirpur.
82. Shashi Punam (2019), “The Role of Youth for Development and Traditional Knowledge” Ist National conference on Culture Development and Society on 22 23 Oct, 2019 at Government College Chamba, Himachal Pradesh.
83. Shashi Punam (2019), “A Tradition of Beda Religion in Himachal Pradesh” National seminar on Paschami Himalaya Keshter main Rishi Parmpra on 23 -24 Nov, 2019 at Nari Shodh Sansthan, Hamirpur, Himachal Pradesh.
84. Shashi Punam (2019), “Societal attitude for the Jallianwala Bagh in the Society”, National Conference on Jaliyanwala Bagh Narsanhar ke Sow Varsh: Ek Punarabloken on 21 December 2019 at Government College Hamirpur, Himachal Pradesh.
85. Shashi Punam (2020), “Best Path for Moral and Religion by Gandhian Views” UGC sponsored National Conference Organized by New arts, commerce Science College Wardha, Maharastra, on 29th Feb, 2020.
86. Sandeep Sharma& Dr. Shashi Punam (2021), 1857 ki Kranti main Himachal Pradesh Ka Yogdaan,
87. Dr. Shashi Punam & Mr Sanjay Kumar, “Himachal Pradesh ky Swatantrata Senani: Angrejon sey milli thee pahaad Ko chunotti, National Seminar on Swatantrata Sangraam mian Himachal Pradesh Ka Yogdaan at Nari Shodh Sansthan, Hamirpur, Himachal Pradesh on 14-15 february,2021.
88. Dr. Shashi Punam (2021), “ Bharat Key Swatantrata Sangraam ki Nayakaayion ki Bhumika” National Seminar in at Nari Shodh Sansthan, Hamirpur, Himachal Pradesh on 4-5 December 2021.
89. Dr. Shashi Punam (2022), “ Bharat Key Swatantrata Sangraam ki Nayakaayion ki Bhumika” National Seminar Mandi Janpad Ka etihis Evam Sanskriti at Nari Shodh Sansthan, Hamirpur, Himachal Pradesh on 15 February 2022.
90. Shashi Punam (2022), Abusive relationship & Protection against Domestic Violence” National Seminar on Abusive Relationship and Protection against Domestic Violence by National Commission for Women (Govt of India) at Career Point University, Hamirpur on 5th March, 2022.
91. Dr Shashi Punam, “Dr Hedgewar Ka Bhartiya Shiksha Prnali per Prabhab by Department of Sociology and Social Anthropology, CUHP on 24-25 June, 2022.
92. Shashi Punam & Ms Manjula (2022), Azzad Hind Fauj main Mahila Naykaauon Ka Yogdaan , National Seminar on Revisting the role of Neta Ji Subash Chandra Bose to the Freedom struggle of India”on 8th&9th August, 2022 at NSCBMGC Hamirpur.

93. Shashi Punam (2022), “Potential of Rainwater Harvesting in District Kangra of Himachal Pradesh, ESDA Conference at Delhi.
94. Babita & Shashi Punam (2022), “Gender-based Discrimination with Working Women: A Case Study of Himachal Pradesh Secretariat” on Gender-Based Crime and Women Police Station” funded by National Commission for Women at Central University of Himachal Pradesh on 18-19 Nov, 2022.
95. Shashi Punam (2022), “Domestic Violence against Women: A Gender- Based Crime” in two days National Seminar on from 18th -19th November 2022, organized by the Department of Social Work , Central University of Himachal Pradesh.
96. Dr Shashi Punam, “An infertile Girl from Delhi: A psychological Case Study Diagnosed with Vaginal Agenesis” in Gender-Based Crime and Women Police Station” funded by National Commission for Women at Central University of Himachal Pradesh on 18-19 Nov, 2022.
97. Shashi Punam & Ankit Kumar (2022), “Domestic Violence against Women: a gender-based violence in Himachal Pradesh” in 43rd Annual Conference of the IASP at Mohanlal Sukhadia University [MLSU], Udaipur Rajasthan on December, 1-3, 2022
98. Shashi Punam & Babita (2022),” Menstrual Hygiene Management and Reproductive Tract Infections” in 43rd Annual Conference of the IASP at Mohanlal Sukhadia University [MLSU], Udaipur Rajasthan on December, 1-3, 2022.
99. Dr Shashi Punam (2023) “Socio – Legal Barriers to ARI” at National Seminar on “An evaluation of the use of Assisted Reproductive technology in Lucknow” organized by Faculty of Law, University of Lucknow, dated 7th January, 2023.
100. Shashi Punam & Ankit Kumar (2023), “Tribal society’s development plan: Issues and challenges”, at National Seminar on “Habitat, Society and Economy of Northwest Bharat” organized by Thakur Ramsingh Itihaas Shodh Sansthan, Neri, Hamirpur dated 22nd and 23rd April 2023.
101. Shashi Punam & Teiborlang Dkhar (2023), “Azadi Ka Amrit Mahotsav: Some Facts About Atamnirbhar Bharat” National Seminar on Reimagining Skill India at Amar Shaheed Baba Ajit Singh Memorial College, Bela (Roper) on 03.05.2023.
102. Shashi Punam & Ankit Kumar(2023) **“राम जी का जीवन और उसका लोगो पर प्रभाव”** in One days National Seminar on from 30th May 2023, organized by the Department of Sociology and Social Anthropology , Central University of Himachal Pradesh.
103. Shashi Punam & Ankit Kumar (2023), “A Historical Perspective on Peacebuilding and Democracy in Jammu and Kashmir” at National Seminar on “ Jammu-Kashmir before and after 5th August 2019: An Exploration” organized by the Department of Political Science, Central University of Himachal Pradesh.
104. Yukta Tomar & Shashi Punam (2023), “Early development of multifaceted policies and programs for increasing elderly population in Himachal Pradesh” at 44th Annual Conference of the Indian Association for the Study of Population Organised Jointly with Centre of Excellence on Public Health Nutrition, Department of Humanities and Social Sciences, National Institute of Technology Rourkela, Odisha. Dated 8-10 November, 2023.
105. Ankit Kumar & Shashi Punam (2023), “Plan for the Development of the Tribal Society: Problems and Challenges” at 44th Annual Conference of the Indian Association for the Study of

Population Organised Jointly with Centre of Excellence on Public Health Nutrition, Department of Humanities and Social Sciences, National Institute of Technology Rourkela, Odisha. Dated 8-10 November, 2023.

106. Shashi Punam (2024) ,“Brief socio-economic Culture of Himachal Pradesh” at Central University of Himachal Pradesh on the theme Brihad Himachal Pradesh Ka Sanskritik Itihas on 29-30th March,2024.

107. Ankit Kumar & Shashi Punam (2024), “Micro Finance in India: A Means of Empowering women and fostering Social Development” Bharat Manthan, Indraprasth Adhyayan Kendra, New Delhi in collaboration with Non-Collegiate Women’s Education Board, University of Delhi, Central University of Himachal Pradesh, Dharamshala, School of Sanskrit and Indic Studies, J.N.U.,Chaudhary Charan Singh University, Meerut. Dated 20th April, 2024.

108. Shashi Punam, 2024, “Folk Culture of Himachal Pradesh: A Special reference of Hamirpur District HP” at Neri Shodh Sansthan, Hamirpur, Himachal Pradesh on 04 -05 May 2024.

109. Mr Ankit, Dr Shashi Punam, Prof Sanjeet Singh (2024), “ Policies for Food Security in the State of Himachal Pradesh “ organised by Environment and Social Development Association at NDMC Convention Centre , New Delhi on 16th to 18th November, 2024.

110. Dr Shashi Punam & Mr Ankit (2024), “ Freedom fighters Secret Radio and Inspiring to millions freedom Fighters” organised by Govt College Bhoranj 25th to 26th Nov,2024

111. Dr Shashi Punam & Mr Ankit (2025), “ Historical Mythological significance of Sapt Sindhu in Himachal Pradesh Organised an International Conference on Sapt Sindhu Dialogue Geo Culture identity of Bharat Bharsha by Central Sanskrit university, Ved Byas Campus Balhar on 5th to 7th March,2025.

Short Term Courses

- Attended a short term training programme (sponsored by TEQP) on “Water Sanitation practices: traditional wisdom and modern technologies” on 22-26 July 2008 at NIT Hamirpur.
- Attended a short term course on quality improvement programme at Indian Institute of technology Roorkee (Uttarakhand) for one Week (8.6.2009-12.6.2009).
- Attended a short term course on “Science & technology of GEM manufacturing” from 24-26 July, 2010 at NIT Hamirpur (HP).
- **Participated in 25th annual course (Silver Jubilee) on Computer applications in Social Sciences conducted by the centre for Social Studies, Surat from May 8- 19, 2012.**

WORKSHOP ATTENDED

- A National workshop on VLSI & Communication Systems (VCS-2008), from 5th June 2008 to 6th 2008 at NIT Hamirpur (HP).
- A National workshop on “Usages of –E resources” organized by central library, NIT, Hamirpur (H.P) held on 9 august 2008.
- A two-day workshop on Research Methodology and Quantitative Techniques with Software Applications 2010 at NIT Hamirpur w.e.f. 4/9/2010-5/9/2010.
- Attended one-day workshop on “Social Science Research” organized by Indian sociological society at JNU, Delhi during 14 December (2011).

- Attended three-day pre- conference workshop on “Approaches to Social Science Research” organized by Indian Association for Social Sciences and Health held at Tata Institute of Social Sciences, Deonar, Mumbai during 21-23 November 2011.
- Participated in pre-conference workshop on approaches to social sciences research held at Jamia Millia Islamia, Department of Social Work, New Delhi, 19-20 Nov 2012.
- Attended one-day sensitization workshop of AISHE All India Survey of Higher education by MHRD organized at Directorate of Higher education, Shimla, 19 January, 2016.
- Participated in two days’ workshop on Beti Padhao Beti Bachao Programme at Una on 21-22 January, 2016.
- Participated one-day meeting cum workshop of AISHE All India Survey of Higher education by MHRD organized at Directorate of Higher education, Shimla, 30 December, 2016.
- Attended three days workshop entitled “Case Writing Workshop” on 17.03.2017-19.03.2017 at NIT, Hamirpur (H.P).
- Workshop on Prevention of Gender Biased Sex Selective elimination and Female infanticide in New Delhi for three days (2nd August to 4th August 2017).
- Participated one-day Regional workshop of AISHE All India Survey of Higher education by MHRD organized at Punjab University Chandigarh, 8th June 2018.
- Attended and delivered a lecture in one-day workshop “Activities Planning Workshop for Unnat Bharat Abhiyan for Village Clusters” conducted by Department of Rural Development in collaboration with IIT, Delhi at National Institute of Technical Teachers Training & Research on 01.08.2018.
- Attended a workshop on Intellectual Property Rights at JNU on January 10, 2019.
- Attended seven days’ National workshop on Research Methodology and Data analysis by ICSSR, IMPRESS at NIT Hamirpur Himachal Pradesh 24th June to 30th June 2019.
- Attended three days National Workshop on Tech 4 Seva at IIT Delhi on August, 10-12, 2019.
- Attended two days National Workshop on Sociology in the Light of NEP-2020 an Indian Knowledge System on 7-8 May 2022 at CUHP.
- Attended one day Workshop on Samaajkary Main Bahuprayukat Taknikki Shavdon Ka Hindi Anubaad at CPUH on 13 April, 2023.
- Attended two days National Workshop on “Research Ethics & Publication” in the ICSSR-NERC Organized by Department of Home Science & Department of Chemistry & IQAC Standard College, Manipur, India, on 19th & 20th January 2024.
- Attended online one day National level Workshop on Crafting effective Research Proposal for ICSSR funding strategies for successful Minor & Major Research Projects Organized by Institute for Scholarly Research Training, Chennai on 09 oct,2024.

EXTRA-CURRICULAR ACTIVITIES

- Participated in Cultural Activities and Games.
- Participated in Carom Competition Conducted by Govt Sen, Sec. School Kashmir.
- Participated in Poetry Competition Conducted by Govt Sen, Sec. School Bhoranj.
- Participated and winner in Essay Competition Conducted by Govt College Hamirpur.

- Participated and winner in the Poster-Making competition organized by Youth Development Centre, HP University Shimla.
- Participated in the Slogan Writing competition organized by Gautum Girls College, Hamirpur.
- Participated in National Level Quiz Competition.

GUEST LECTURE

- Important Constitutional & Legal Provisions for Women in India, at Raj Rajeshwari B.Ed College on 18 Feb, 2016.
- How to Make Preparation for Judicial Services” on 21 .04.2017 at Career Point University, Hamirpur.
- Women Empowerment in India, at Delhi University on 5 May, 2017.
- Delivered a guest lecturer in induction programme for the teachers entitled “Seven Habits of Effective People” at Jawahar Navodaya Vidyalaya, Dungrin Hamirpur on 19 May, 2017.
- Beti Bachao Beti Padhao, at Raj Rajeshwari B.Ed College on 24th Feb, 2018.
- Swachh Bharat Abhiyan, at Govt Sen Sec School Bangana on 2 Feb, 2019.
- Swachh Bharat Abhiyan & Free Legal Aids at Govt College Nurpur Sep, 2019.
- Swachh Bharat Abhiyan and Free Legal Aids at Govt College Chamba, 2019.
- Delivered a lecturer as Key Speaker on “Beti Bachao Beti Padhao” at GC Palampur on Oct, 2019.
- BBBP & Swachh Bharat Abhiyan, at Trisha College of Education on Feb, 2020.
- Delivered a lecturer on “Beti Bachao Beti Padhao” at Hamirpur College of Education on Feb, 2020.
- Delivered a lecturer on “Beti Bachao Beti Padhao” at Govt College Nadaun on March, 2020.
- Delivered a guest lecture as a key speaker on Understanding University Social – Responsibility: Perspective of Community Development on 27 Sep, 2021 at CPUH.
- Delivered a lecture as a Resource Person on Participatory Ground Water Management in a training Course on Local Ground Water Management issues and Capacity Building for participatory ground water management Organised by Central Ground water board Dharamshala under the aegis of Rajeev Gandhi National Ground Water Training & Research Institute Raipur Chattisgarh on 3rd November, 2022.
- Delivered a lecture as a Resource Person on Data Sources in social Sciences Research & Developing Tools in two Week Capacity Building programme for Social Science faculty Sponsored by ICSSR NEW Delhi on 28 April, 2022 at CUHP.
- Delivered a lecture as a Resource Person on the topic observation & Discussions- FGD as data Collection Strategies in two Week Capacity Building programme for Social Science faculty Sponsored by ICSSR NEW Delhi on 28 April, 2022 at CUHP.
- Delivered a lecture as Resource Person on Gender Discrimination funded by National Commission for Women at Central University of Himachal Pradesh on 18-19 Nov, 2022.
- Delivered a lecture as a Resource Person on the topic **Challenges Faced in Digital Pedagogy** in the Faculty Development Programme on 06 February, 2023 at CPUH.
- Delivered a lecture as a Resource Person on the topic “Role of Youth volunteers in Nation Building” as Resource person in Baba Kanshi Ram Government Degree College Dada Siba, District Kangra, H.P. on 29th December 2023.

- Delivered a lecture as a Resource Person on the topic “Empowering Women: Role, Resilience & Recognition” as Resource Person in Help age India, H.P on 29th September 2023.
- Delivered a lecture as a Resource Person on the topic Himachal Pradesh ka Barit Itihas as Resource Person in Thakur Ram Singh Shodha, H.P on 29th September 2023.
- Lecture delivered in National Seminar on Freedom of Speech and expression on 15 March, 2024 in the Department of law at Career Point University Hamirpur.

ARTICLE PUBLISHED IN NEWSPAPERS MAZAGINE ETC

Thirty articles focused on Social problems and women, Health, Environment, COVID-19 and Female Foeticide in Himachal Pradesh published in daily news paper “Giriraj” “Aapka Faisla” Dainek Nayay Setu” and “Himachal Kesari” on months, December 2010 to till date .

- Blood donated at Jalliayanwala Bag camp ASR on dated 30/06/2012.
- Blood donated and organized Blood Donation Camp at Career Point University on dated 25/09/2014, 2016, 2017, 2018, 2019 and 2020.
- **Social Activities for Community:** Doing lot of activities like awareness of Swachh Bharat Abhiyan, Health Problems, Environment Education, Community Engagement, Blood Donation Camp, Skill Development for adopted villagers especially for women.

Contribution to Society:

- Start PAHAL Initiative (**Prayas Ab Har Anokhey Lakhsay Ka**) program for slum students (needy students) at CUHP from Oct, 2022.
- Adopted Park Community Park (Kuru Talai) Snot (Sapt Sindu Vatika) Under Unnat Bharat Abhiyan
- Adopted Five villages under Unnat Bharat Abhiyan
- VOLO (Vocal for Local): Initiation of Traditional Livelihood based Entrepreneurship
- Community Out-Reach Programmes
- Enhance Traditional Skills (Bamboo & Poetry Work)
- Worked as Upadyksha of Sewa Bharti a Social Organization at District Kangra.

REFERRERS NAME

- Piar Chand Ryhal Professor, Department of Humanities and Social Sciences, National Institute of Technology, Hamirpur-177005
- Prof & Dean Kaushal Kumar Sharma, JNU Department of Social Sciences, New Delhi.

DECLARATION

I, Dr. Shashi Punam, hereby declare that all the information furnished above is true to the best of my knowledge and nothing material has been concealed thereof.

Date:

Place.....

Shashi Punam

(DR. SHASHI PUNAM)