

Curriculum vitae

DR. SATYANAND

Personal Details

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Personal Statement

I am a Yogic Science Ph.D from the Gurukul Kangri University, Haridwar having a therapeutic science background in the field of Yoga and Physiotherapy. Having expertized in both the fields, I have deep interest in the research activities and projects which connects the modern medical science with the ancient Yogic practices. To fulfil this life goal, I am looking to work in the teaching and research field in this University that provides me a sacred chance to grow both as good academic professional & a human being and where I can implement my skills and knowledge as a team member for the advancement of the organization.

Academic Qualifications

Sl. No.	Qualification	School/Institute/University	Year of passing
1	Ph.D [YOGA]	GKV, HARIDWAR	2021
2	NET	CBSE, UGC	2018
3	M.A [YOGA]	USVV, HARIDWAR	2015
4	MPT [NEURO]	MU, BODHGAYA	2013
5	BPT	WBUHS, KOLKATA	2011
6	ISC [10+2]	BIEC, PATNA	2003
7	MATRIC	BSEB, PATNA	2001

Additional Qualification : Course in Computer Application & Office Practices (CAOP) from NIELIT, Patna

Employment History

- Presently working as Assistant Professor in the Centre for Yoga Studies, Central University of Himachal Pradesh, Dharamshala.
- Worked as Assistant Professor in Dept. of Yogic Science in Gurukul Kangri (Deemed to be University), Haridwar from 3.10.2020 to 20.02.2023.
- Worked as Guest teacher in Dept. of Yogic Science in Gurukul Kangri Vishwavidyalaya, Haridwar from 10th Sept., 2015 to 3rd Sept., 2016.

Areas of Interest

- Yoga Therapy
- Anatomy and Physiology related with Yoga
- Shatkarmas Therapy
- Yogic Physiotherapy

Professional Abilities

- In depth knowledge of Yogic management of neurological and Orthopaedic Conditions.
- Deep interest of working in the research projects related with Anatomy, Physiology and Biomechanics of Yoga.
- In depth Knowledge of Shatkarma therapy.
- Have vast Experience in independent assessment and complete Yogic and Physiotherapy management of all neurological disorders such as stroke, cerebral palsy, Spinal cord injury, Cervical disorders etc.
- Have speaking and communication abilities so as to understand the Student problems, analyze them, motivate, inspire and counsel them.
- Yogic and Physiotherapy Management of Sports Injuries of the Sports Persons.
- Have keen interest in research, evidence based practice and participating in Research Seminars and workshops.
- Believe in working together in a academic team as a efficient team member.
- Have skills in documentation of research and academic activities to apply the concept of evidence-based practice.

Research Papers Presentation

- Presented a research paper titled **“Yogic and Physiotherapy Management of Low Back Pain”** in the National Seminar on Yogic management of Lifestyle Disorders organized by Gurukul Kangri Vishwavidyalaya, Haridwar in March 2015.
- Presented a research paper titled **“Adhunik Jiwanshaili mein Hathyog ki Upadeyta”** in the National Conference on The Principles of Yoga and Bhagwadgita organized by Department of Philosophy, Gurukul Kangri Vishwavidyalaya, Haridwar in Nov.2018.
- Presented a research paper titled **“Yogic Adhyayan mein Sanskrit Ki Mahatta”** in the National Sanskrit Workshop Organized by Department of Sanskrit, Gurukul Kangri Vishwavidyalaya, Haridwar in June 2019.
- Presented a research paper titled **“Importance of Yogic Shatkarmas in Holistic Health”** in the International Conference on Yoga For Success and Techno Stress Management” organized by Department of Yogic Science, Swami Vivekanand University, Sagar (M.P.) in Nov. 2019.

- Presented a research paper titled “**Manokayik Vikaro Ke Prabandhan Mein Yog ki Bhumika**” in 6th International Conference on Psycho- Spiritual approach to Yoga Organized by Department of Yogic Science, Utrakhand Sanskrit University, Haridwar in Feb.2020.
- Presented a research paper titled “**Swasthya Sanrakshan Mein Saptang Yog Ki Bhumika**” in the International Conference on Indian Traditional Yoga System, Theory and Practice Organized by Department of Yogic Science, Gurukul Kangri (Deemed to be University), Haridwar in May 2022.

Research Publication

- Research paper titled “**Samagra Swasthya Mein Yogic Shatkarmo Ka Mahatva**” published in the **Gurukula Shodh Bharati, Sankyuktank (26-32), Sep. 2016-Sep. 2019 pp.107-115, ISSN 0974-8830.**
- Research paper titled “**Adhunik Jiwan Mein Shatkarmo Ki Upyogita**” published in the **International Journal of Information Movement Vol 5, Issue 4, August 2020, pp.20-24, ISSN 2456-0553.**
- Research paper titled “**Adhunik Jiwanshaili Mein Hathyog Ki Upadeyta**” published in the **Shodh Pragma, Vol 2, Issue 2, Jan2020- June 2020 pp.123-127, ISSN 2347-9892.**
- Research paper titled “**Role of Yoga in Cerebral Palsy Persons: An Overview**” published in the **Vaidika Vag Jyotih, Vol. 11, No. 20 (136-141) January- June 2023, ISSN 2277-4351.**

Others

- Participated in the **National Workshop on Research Methodology** Organized by Department of Yogic Science, Gurukul Kangri Vishwavidyalaya, Haridwar from 14th to 24th December 2018.
- Participated in the **National Workshop on Shodhpravidhi** Organized by Department of Sanskrit, Gurukul Kangri Vishwavidyalaya, Haridwar from 27th Jan. 2020 to 2nd Feb.2020.
- Participated in Online Short term Training Programme on “**Various Dimensions of Happiness and Holistic Health**” Organized by Faculty Development Centre, HNB Garhwal University during Febuary 19-25, 2021.
- Participated in **Induction Programme** Organized by Faculty of Education and Training, Gurukul Kangri Vishwavidyalaya, Haridwar during 5th-13th April 2022.

(Dr. Satyanand)